

TICKS

If ticks were this size,
they would be easy
to spot



PROTECT. REMOVE. IDENTIFY.

ML BUREAU DE SANTÉ DE
MIDDLESEX-LONDON
HEALTH UNIT
www.healthunit.com

PROTECT.



When enjoying the outdoors...

- Check yourself and family members for ticks
- Wear insect repellent with DEET

REMOVE.



How to properly remove a tick:

- Use tweezers. Grab the tick as close to the head as possible
- Pull the tick upwards & away from the body
- Clean the area with soap & water. Wash your hands

IDENTIFY.



Identify your tick at
www.ettick.ca

Check out
www.healthunit.com/lyme-disease
for More Information



BLACKLEGGED
TICK

*CAN transmit
Lyme Disease

DOG TICK

*DOES NOT transmit
Lyme Disease

ENGORGED TICK

(Blacklegged & Dog tick)



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