

Prenatal Immigrant Program Registration Form

Please return completed forms to the attention of: Reproductive Health Team, MLHU
Fax: 519-663-8243

Client Information

Client: _____ D.O.B. ____/____/____
Surname Given yyyy mm dd

Baby's Estimated Due Date ____/____/____

Address: _____ **Postal Code:** _____

Telephone Number (Home): _____ (Cell): _____

Primary Language: _____ Secondary Language: _____

E-mail (optional): _____

Interpreter Required: Yes No

In Canada: < 1yr 1-2yr 2-5yr > 5yr

Requires childcare during group: Yes No # children 0-6 yrs: _____ # children 7-10 yrs: _____

Class location preferred:

South London Neighbourhood Resource Centre - Tuesdays

Northwest London Neighbourhood Resource Centre – Wednesdays

First Available

Additional Information

Food allergies: No Yes allergic to: _____

Settlement Councilor: No Yes name: _____

Family Physician: No Yes name: _____

Obstetrician or midwife: No Yes name: _____

Are there any concerns you feel the program facilitators should know about?

Referral source information

Name of person completing form: _____

Agency referral coming from: _____ Contact Information: _____

Date of Referral: _____

Prenatal Immigrant Program: Background Information

Who?

- Pregnant Arabic speaking women who have been in Canada less than 5 years

When and Where?

- **South London Neighbourhood Resource Centre (SLNRC)**
1119 Jalna Blvd, London
Every Tuesday
12:30 pm to 2:30 pm
- **Northwest London Resource Centre (NWLRC)**
Sherwood Forest Mall (back)
27A-1225 Wonderland Road North, London
Every Wednesday
12:30 pm to 2:30 pm

What?

- Arabic interpretation provided. Interpretation for other languages/dialects provided based on request/need.
- Interactive group prenatal sessions will include content about health literacy (access, understanding, and use of pregnancy- and parenting-related health information, and the ability to navigate the Canadian health care system) delivered by Public Health Nurses, and food literacy skill building delivered by a Registered Dietitian from the Reproductive Health Team.
- Group participants will play an active role in determining the topics addressed that relate to pregnancy, labour & birth, and caring for a newborn in a new country.

Childcare:

- Childcare will be provided at each session for children aged 0 to 4 years
- Children's programming for children aged 5 to 10 years will be provided during the summer months

For further information about the program don't hesitate to contact:

Jan Tomlinson, Public Health Nurse
Reproductive Health Team
519-663-5317 ext. 2263
Jan.tomlinson@mlhu.on.ca

For information specific to the registration process please call 519-663-5317.

Date revised: January 14, 2020