

A DAY IN THE LIFE OF
MURRAY
& Bird

WATER WORKS!



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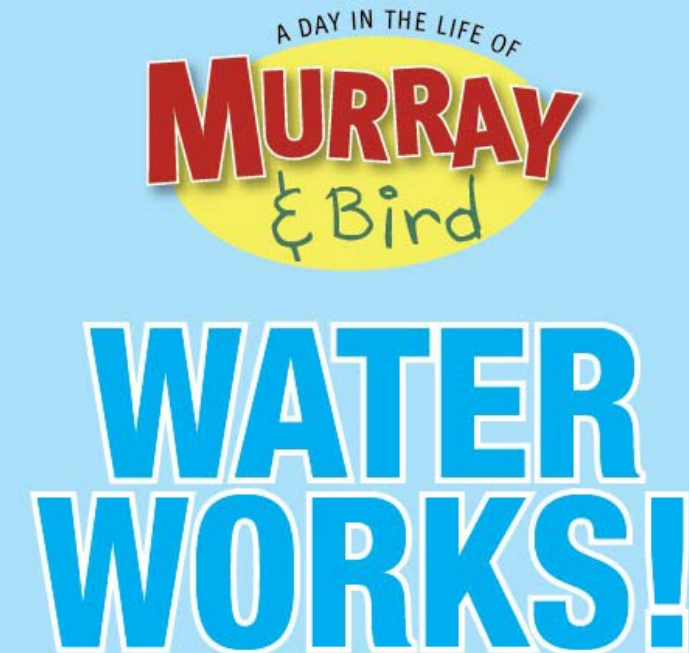
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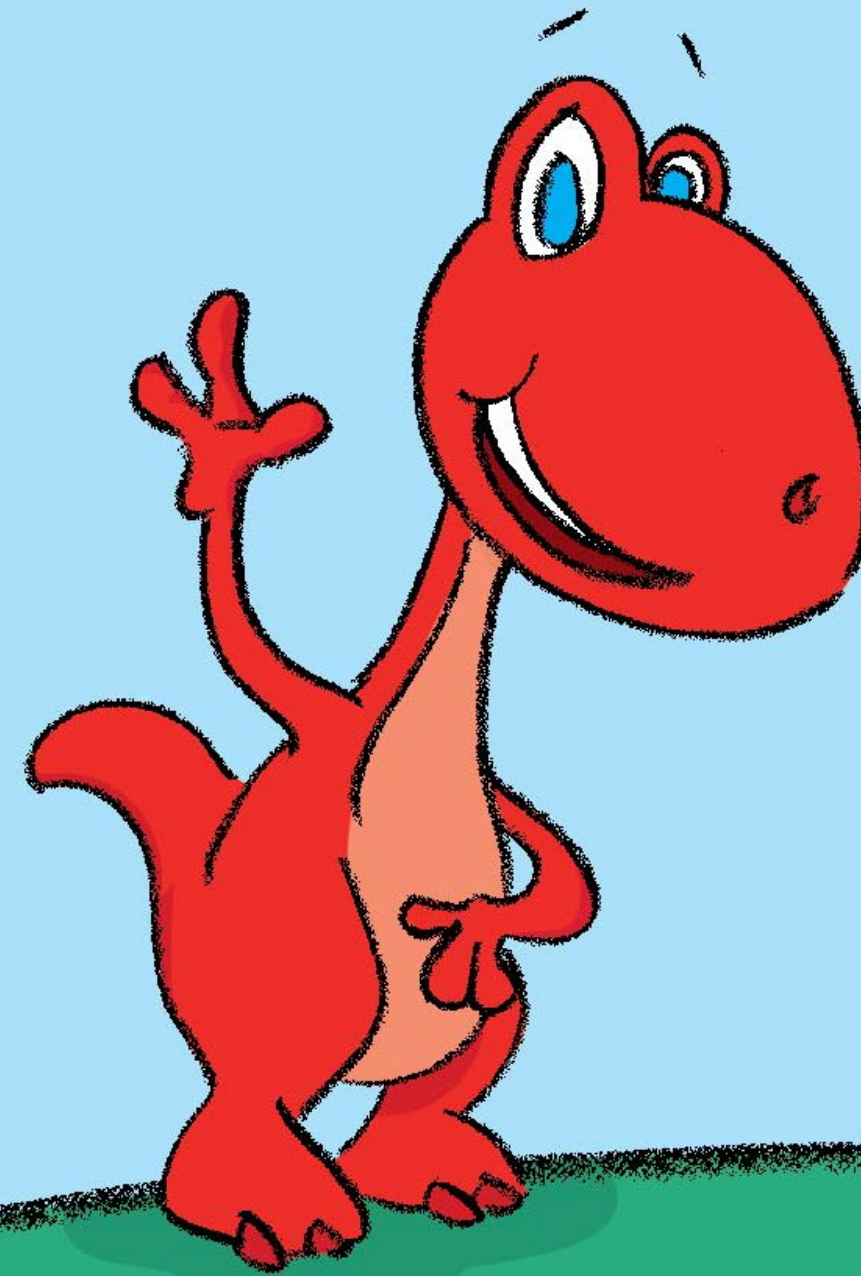
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This is Murray the dinosaur
and his best friend Bird.

**Can you tell me about
your special friend.**



Murray can't wait to get to school to see his friends.
His teacher told him it's going to be a fun day!

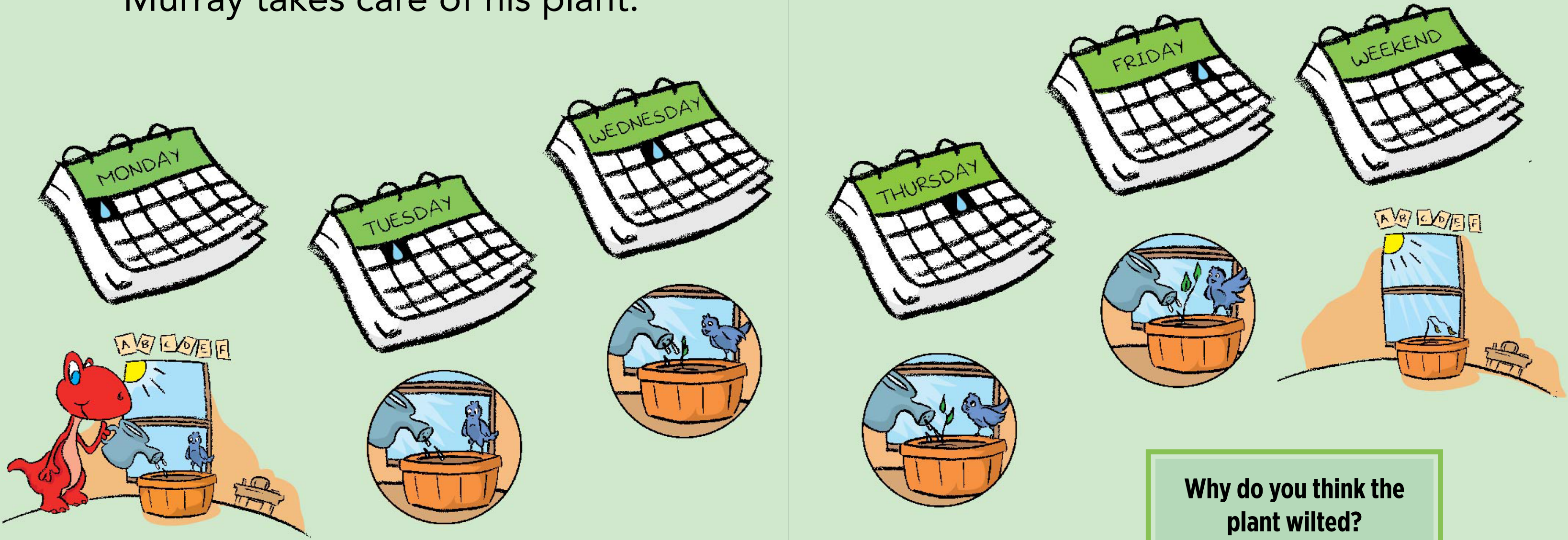


Murray is learning about plants at school. He is planting a bean seed in the dirt.

**Have you ever planted anything?
What have you planted?
What do you think plants need to grow?**



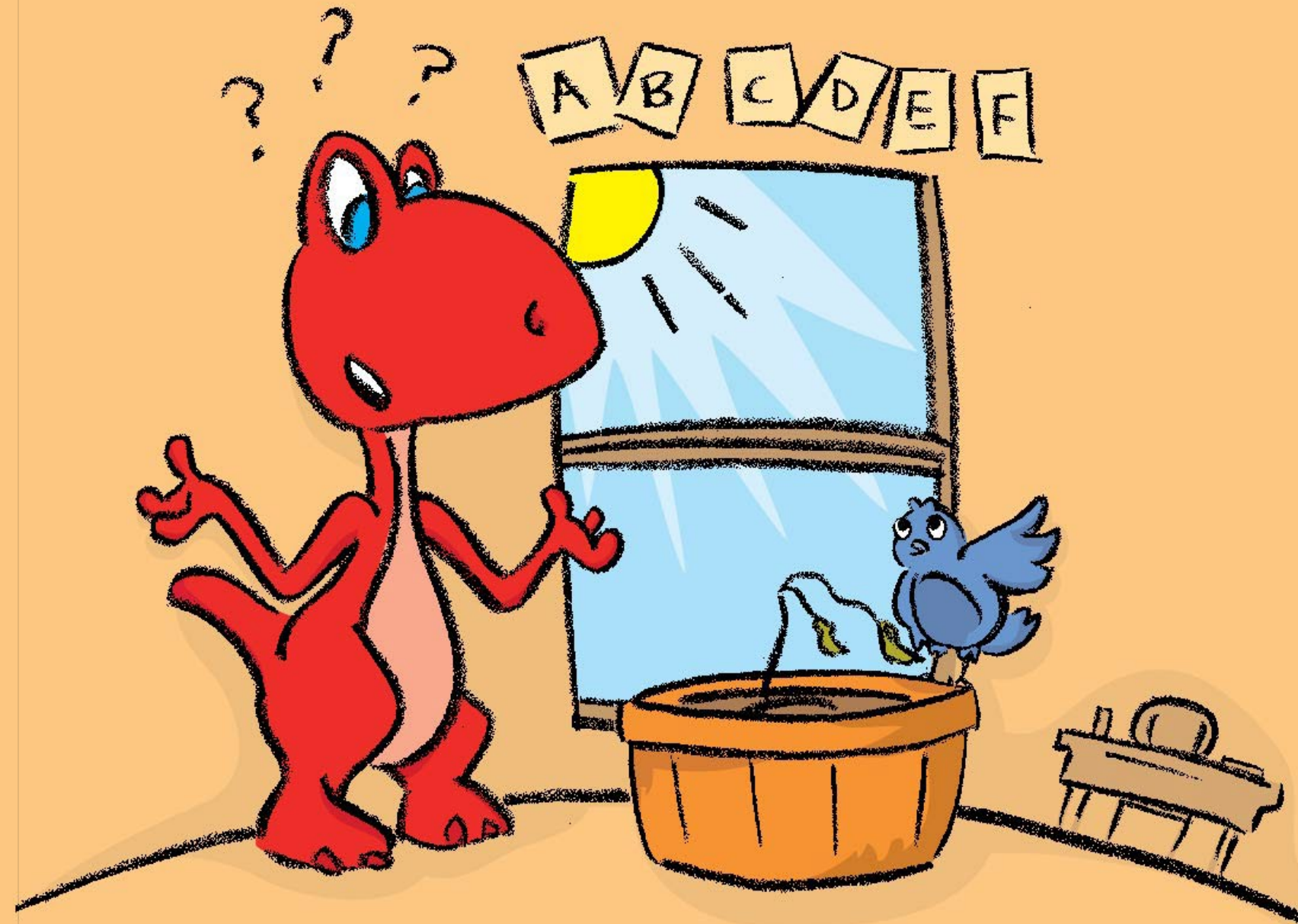
Murray takes care of his plant.



Murray returns to school after the weekend.

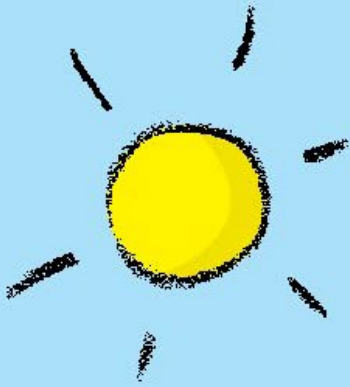
He cries out, "Oh no, my plant! What happened?"

Bird flies in and chirps, "Hey, Murray! You forgot to water your plant!"

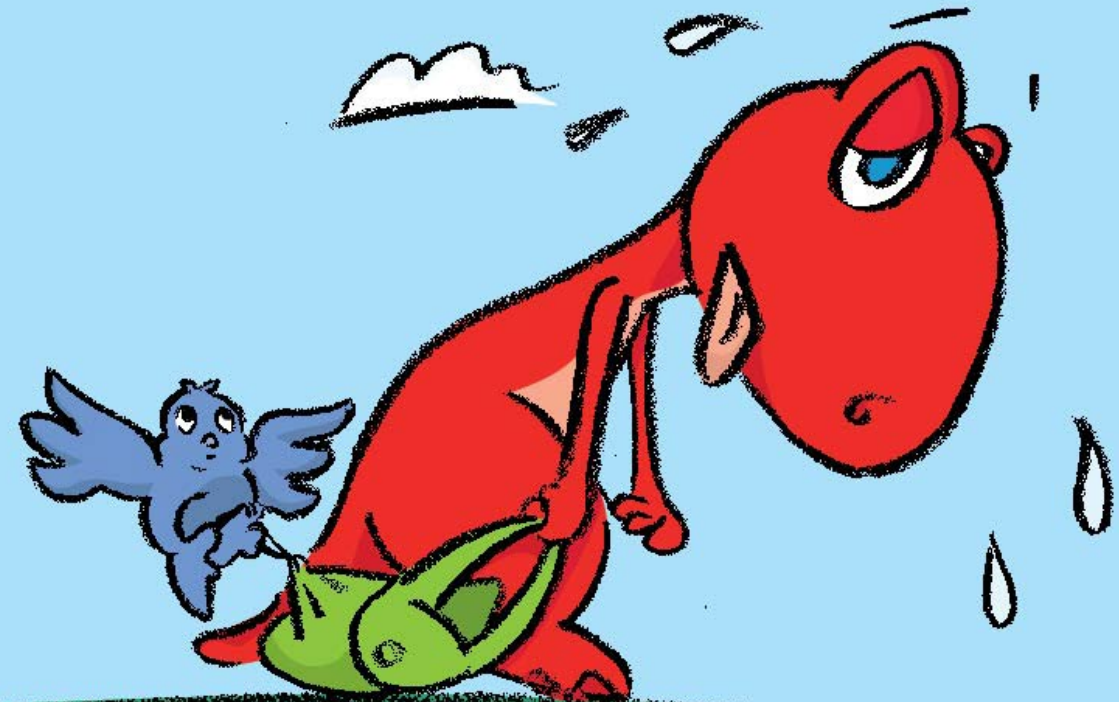


Murray grabs the watering can and gives his plant a drink.





After a day at school Murray grumbles, " I am so thirsty."



Why do you think Murray is thirsty?

Murray hurries into the house
and hangs up his backpack.

He has to go pee.

Murray says, "Why is my pee
so dark?"

**Why do you think
Murray's pee is dark?**



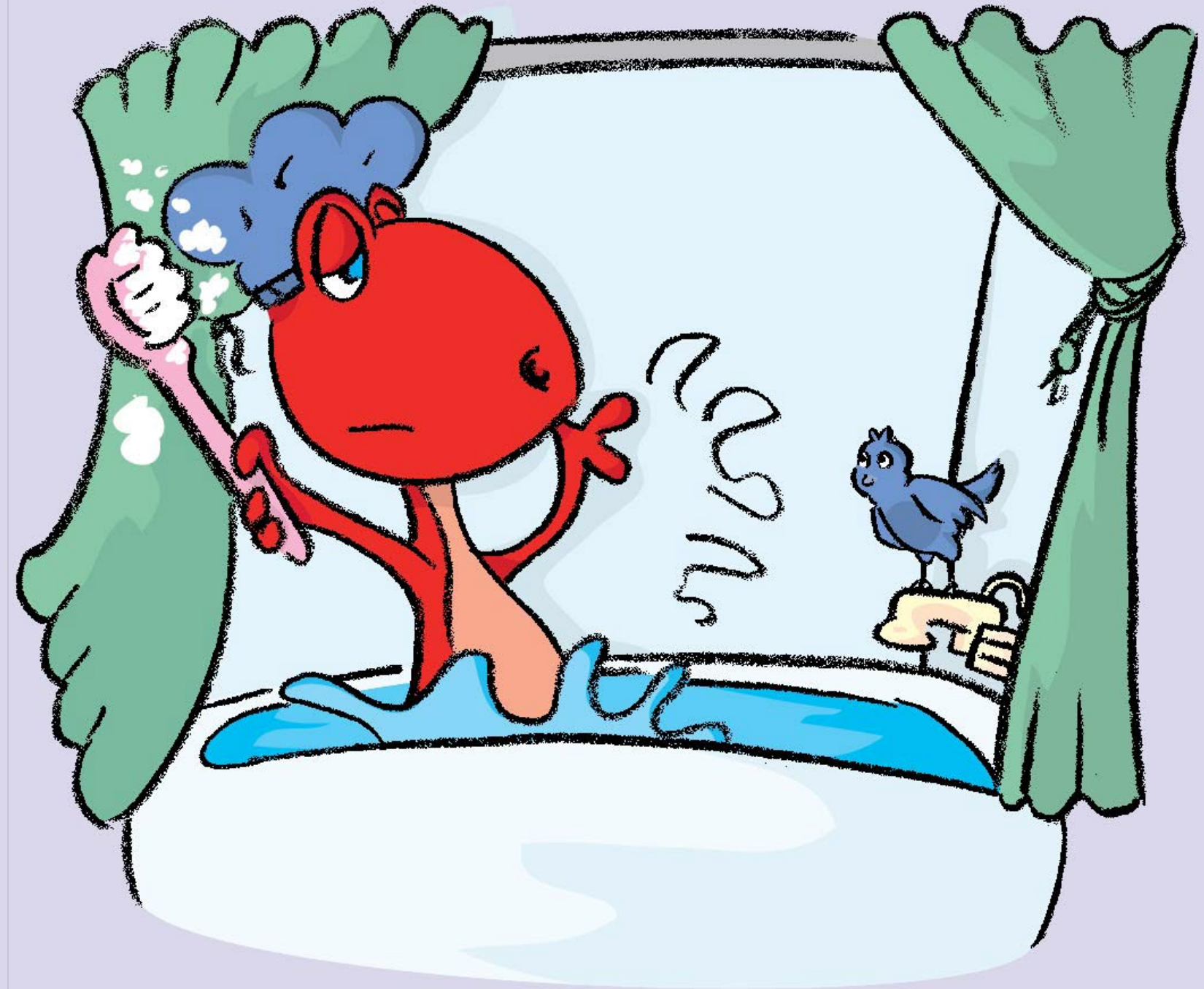
"I know! I need water,
just like the bean plant."



"I know what to do,"
cries Murray.

He jumps into the
bathtub to water himself
just like the plant.

**What do you think Murray is trying to
do by jumping into the bathtub?**

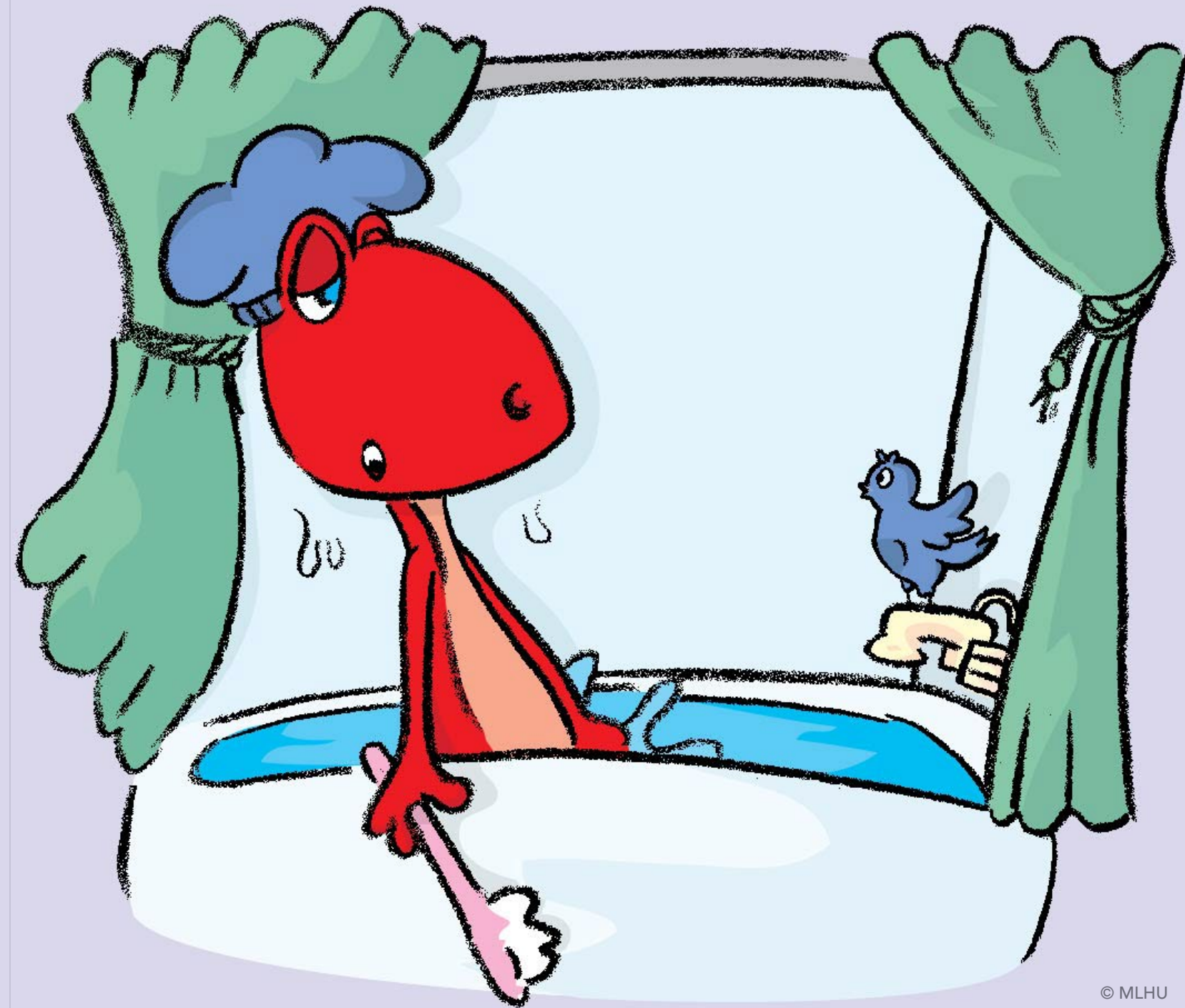


"It is not working," exclaims Murray.

"What's not working?" chirps Bird.

"I am still limp and droopy," says Murray. "Water made the plant spring to life; why not me?"

Why is sitting in the bathtub not making Murray feel better?



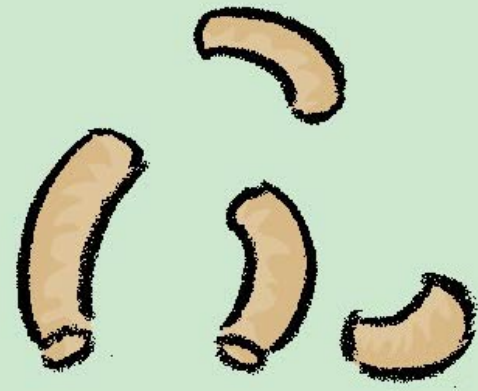
"It's simple Murray! Plants take up water through their roots. You need to eat or drink water." chirps Bird.

"Eat my water?"
questions Murray.

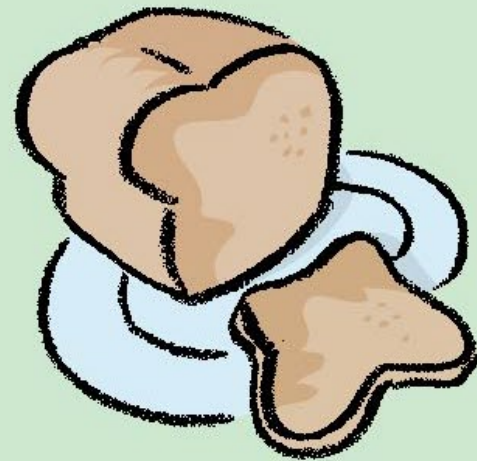
**What do you think Bird means
by "eating your water"?**



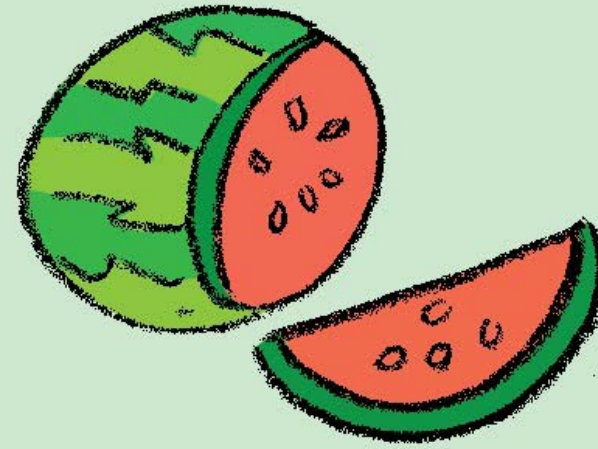
Help Murray decide
which foods have water
in them.



Whole wheat
macaroni elbows



Whole wheat bread



Watermelon

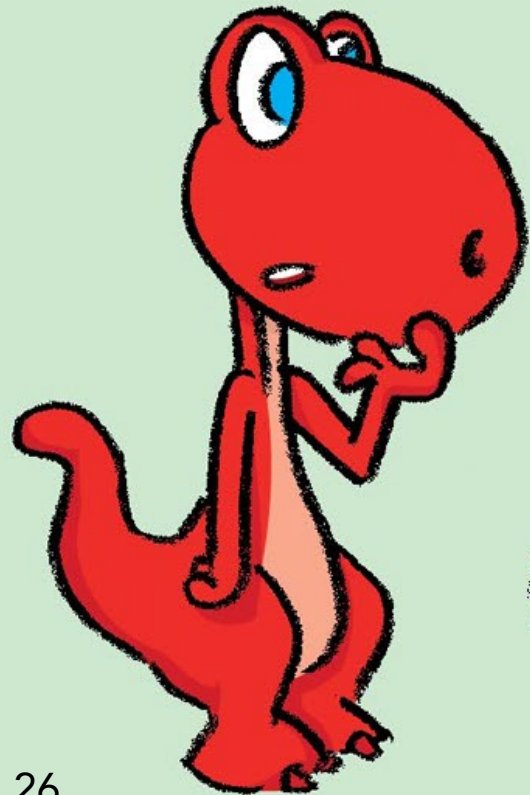


Orange

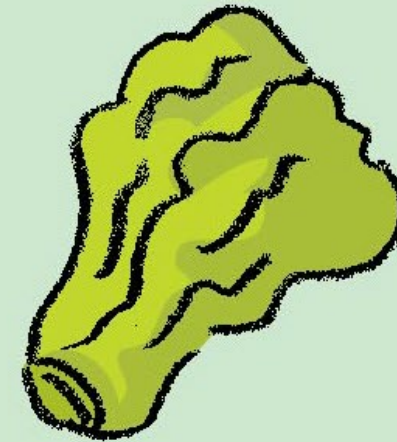
Muffin



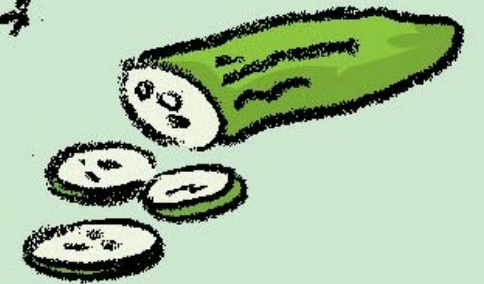
Cheese



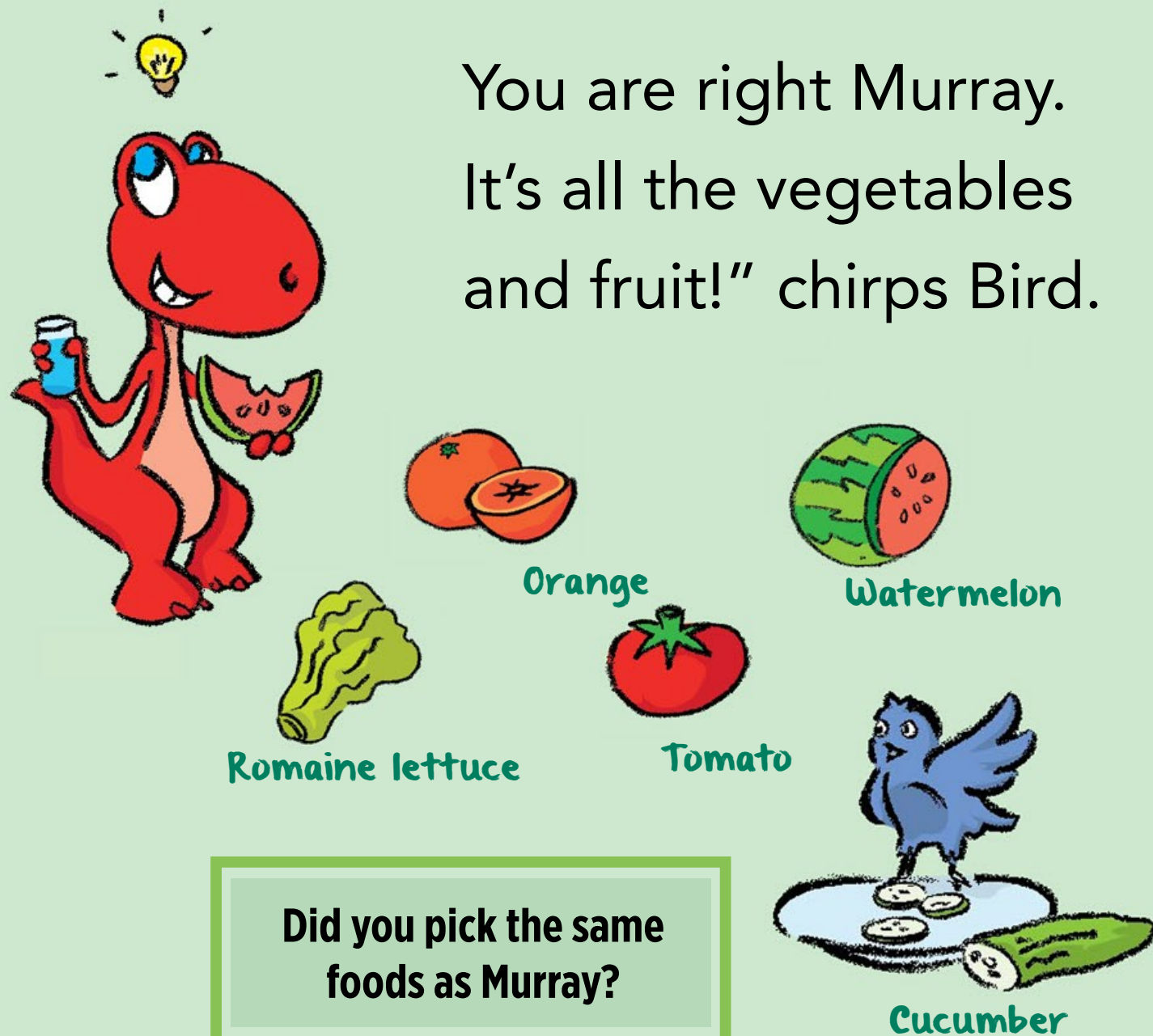
Tomato



Romaine lettuce



Cucumber

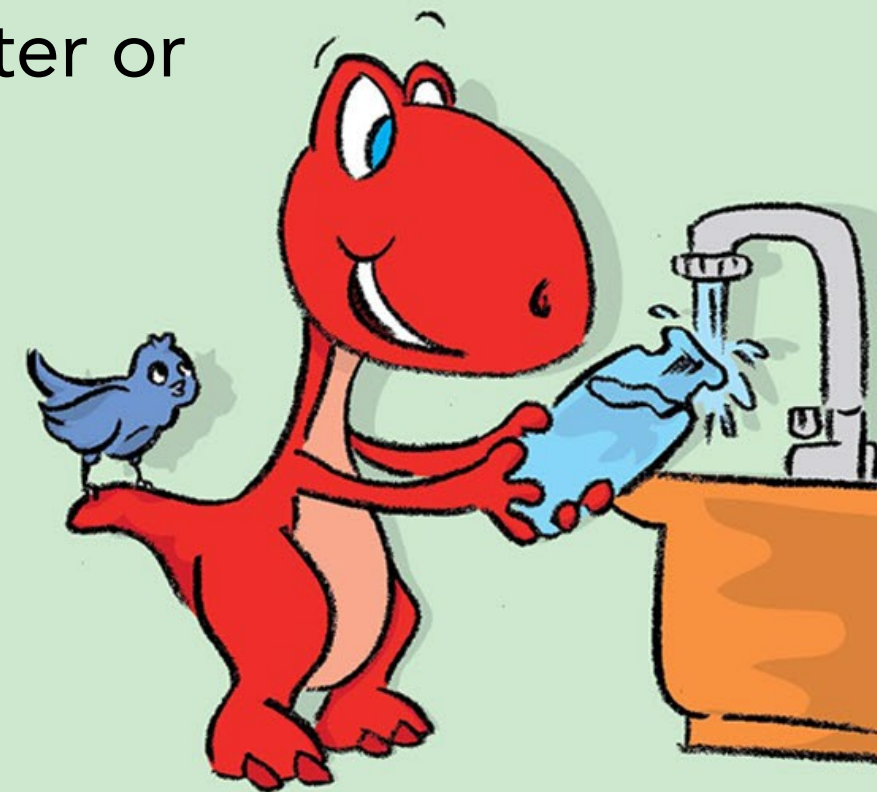


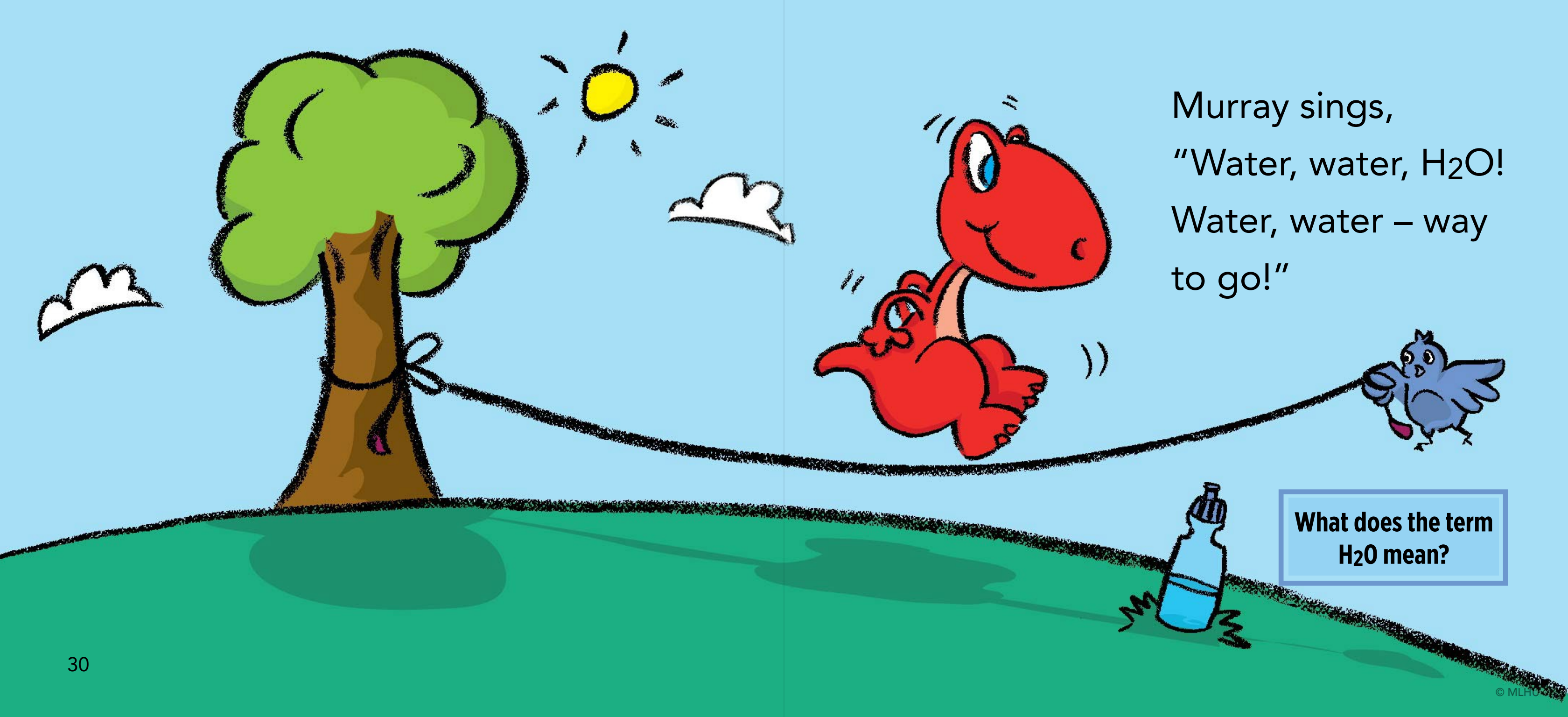
"mmm ... that snack was yummy",
says Murray.

"Most vegetables and fruit
are about 80% water or
more." says Bird.

**What are your favourite
vegetables and fruit?**

**Why do you think
it is important to
drink water and eat
vegetables and fruit?**





Murray sings,
"Water, water, H₂O!
Water, water – way
to go!"

What does the term
H₂O mean?

"See you next time!"

