



RELATED

FOUNDATIONS:

• Student Engagement

RESOURCES:

- <u>Cannabis PowerPoint</u> (MLHU & SWPH)
- Ophea Cannabis
 <u>Activity Plans</u>
- Popcorn Pressure
 Game
- <u>Classroom Online</u>
 <u>Game</u>
- Substance Use Trivia
- Fact Sheets, Infographics and Resources

Cannabis Presentation

ACTIVITY GOAL: To increase students' awareness and knowledge about the effects of cannabis.

ACTIVITY INSTRUCTIONS:

- 1. Consider using the speaking notes found in the PPT to engage students in discussion and to access additional information.
- 2. The presentation can be completed with the *Popcorn Pressure Game, Classroom Online Game, and Trivia*
- 3. Contact your public health nurse for consultation or support regarding these resources
 - a. MLHU Public Health Nurses
 - b. SWPH Public Health Nurses

Educator Prompts (new information vs recap of information)

- What effects do you think cannabis has on the body?
 - What are some of the negative effects cannabis use can have on the body?
- What would you say if someone offered you a joint?
 - Refusal skills?
- Brain development?

Curriculum Connections

- Grade 5: D3.3 Decision to drink alcohol, use cannabis; influences
- Grade 6: D1.2 Effects of cannabis, drugs; D2.4 Strategies, safe choices, influences, tobacco, alcohol, cannabis
- Grade 7: D3.2 Implications of substance use, addictions and related behaviours
- Grade 8: D1.3 Warning Signs, consequences

