

Healthy Eating Workplace Kit

Need to **borrow** a relevant resource to **educate employees about health topics**? This **FREE** to borrow, easy-to-setup kit is designed to educate your workplace about healthy eating.

The kit contains:

- Display panels on healthy eating “**At Home**”, “**At Work**” and “**At Restaurants**”.
- **Educational resources** that can be printed, photocopied or ordered.



To borrow the kit or get more information, please contact the Middlesex-London Health Unit at 519-663-5317 ext. 2220 or email joanne.quigley@mlhu.on.ca.