



What is Healthy Babies, Healthy Children?

- A free and voluntary Public Health program provided by a Public Health Nurse, and/or a Family Home Visitor
- For pregnant moms and families with young children up to the age of six

The program can:

- Provide health information and nutrition support
- Talk with you about infant feeding, caring for yourself and your newborn, growth & development, building a relationship with your child and ideas for play & positive parenting
- Connect you with community services and resources



WORKING TOGETHER FOR CHILDREN



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WORKING TOGETHER FOR CHILDREN

Questions and answers about the collection of your personal information

Q: Why does the Health Unit ask for your personal information?

A: Ontario’s public health units are required by law* to offer a voluntary program called Healthy Babies Healthy Children (HBHC) to eligible expectant mothers and families with children from birth to age six. Your personal information is needed to determine eligibility for this program.

Q: What information does the Health Unit collect?

A: You will be asked to provide your name, address, and contact information. You will also be asked questions about your pregnancy and the birth of your child, as well as parenting and family history. Answers are recorded on a form, which is sent to the health unit in the area where you live.

Q: How does the Health Unit use the information it collects?

A: The Middlesex-London Health Unit reviews your information to determine whether you are eligible for the HBHC program. Services provided through the program include a telephone call in the first few days after the birth of your baby and possibly a home visit by a Public Health Nurse.

If you have questions about the collection of your personal information or how the Health Unit keeps your information private, please call Health Connection at 519-663-5317 ext. 2280 and ask to speak with an HBHC Manager from the Middlesex-London Health Unit, located at 50 King Street in London, ON N6A 5L7.

* The collection of this information is required under Ontario’s Health Promotion and Protection Act and the Ontario Public Health Standards.

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