

RELATED FOUNDATIONS:

- Curriculum, Teaching
 & Learning
- Social & Physical
 Environments

RESOURCES:

- <u>Online storybook</u> for Murray & Bird: Water Works!
- School map
- Places in my School Handout

Water Fountain Mapping

ACTIVITY GOAL: To teach students the importance of staying hydrated and to encourage students to drink water by identifying where the water fountains are located around their school.

ACTIVITY INSTRUCTIONS:

- Visit the <u>Middlesex-London Health Unit website</u> to download a copy of Murray & Bird: Water Works! storybook.
- 2. Read the book for the class.
- 3. Find a map of your school or create your own using the <u>Places in My</u> <u>School Handout</u>.
- 4. Take a class trip around the school and locate all water fountains or refill stations. Have students indicate on the map the locations of the water fountains or refill stations.
- 5. Assign students to a water fountain or refill station and have them count the number of footsteps it takes to get to their fountain and add this information to the map.
- 6. Have students work individually or in pairs to create a poster on the importance of drinking water.
- 7. Place posters above water fountains or refill stations around the school.





Places in My School



Cut out images of places you find in your school. Glue on a separate piece of paper to create a map to water fountains or refill stations in the school.





















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