

RELATED FOUNDATIONS:

- Curriculum, Teaching and Learning
- Student Engagement

RESOURCES:

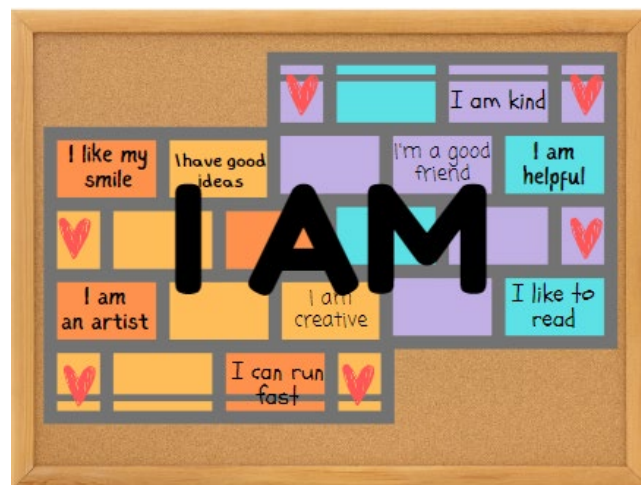
- Construction paper in various colours
- Markers
- Tape

I AM

ACTIVITY GOAL: To increase student's self-esteem as well as enrich the school's physical environment.

ACTIVITY INSTRUCTIONS:

1. Select a bulletin board or wall in a main area of the school e.g. school entrance.
2. Cut out the words "I AM" in big block letters and post on the selected bulletin board or wall.
3. Have every student write one thing that they like about themselves on different color rectangular strips of paper.
4. Post the strips of paper on the bulletin board or wall around "I AM".



Curriculum Connections

FDK: OE6 Awareness of their own health and well-being

Grade 1: C2.3 Caring behaviors and feelings

Grade 2: C3.1 Relating positively to others

Grade 3: C1.4 Factors that affect physical and/or emotional development

Grade 5: C3.2 Actions, feelings and self-concept

Grade 6: C2.3 Safe and positive social interaction

Grade 8: C2.3 Mental health, stress management

