

RELATED FOUNDATIONS:

- Home, School and Community Partnerships
- School and Classroom Leadership
- Student Engagement

RESOURCES:

- [How to create a nature mandala on your walks this winter](#) (Active for Life)

Nature Mandala

ACTIVITY GOAL: To increase students' sense of connectedness to their school by allowing students to feel a part of the school community by contributing to a school-wide project.



ACTIVITY INSTRUCTIONS

1. Identify a committee, class, or group of students to promote the activity within the school via announcements, posters, etc.
2. Choose a location for your school's nature mandala. Consider choosing a location that will be visible to the whole school community, including parents/caregivers and families.
3. Have each class collect materials from nature. **Tip:** Look for fallen objects in a variety of colours and textures. Great mandala-building materials include: pinecones, small fallen evergreen branches, long pine needles, rocks, fallen bark.
4. One at a time, have classes contribute to creating a mandala using their collected materials, building on the previous classes' work.
5. Invite parents/caregiver, families, and other members of the school community to contribute to the nature mandala.
6. Once all school community members have had a chance to contribute, invite classes to go see the completed mandala.
7. Stand back and admire the collective work of the whole school community!

Curriculum Connections

- FDK: OE4 Problem-solving skills; OE6 Awareness of own health and well-being
- Grade 1: D2.3 Caring and exploitative behaviors and feelings
- Grade 2: D3.1 Relating to others
- Grade 3: D1.5 Physical and social-emotional development
- Grade 4: D1.5 Puberty – changes; emotional, social impact
- Grade 5: D3.2 Actions, self-concept
- Grade 6: D3.2 Responsibilities, risks – care for self and others
- Grade 7: D1.6 Mental health
- Grade 8: D2.4 Routines and habits for mental health

