

## RELATED FOUNDATIONS

- Student Engagement
- Social & Physical Environments
- Home, School and Community Partnership

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## RESOURCES:

- [Announce It!](#)
- Example Announcements and Tweets
- Follow @MLSchoolhealth on [Twitter](#) & [Instagram](#)

## Announce It!

**ACTIVITY GOAL:** To increase awareness and knowledge about connectedness and mental well-being.

### ACTIVITY IDEAS:

- Use communication strategies such as daily announcements, posters, and social media to raise awareness about connectedness.
- Visit [Announce It!](#) on the website for the Middlesex-London Health Unit. This will provide you with access to examples of announcements, posters and social media messages that you can use for your school.
- These communication strategies should be a part of a comprehensive healthy school approach.

### Curriculum Connections

- Grade 9: C 2.2 Relationships – skills and strategies
- Grade 10: C 1.1 Mental Health – factors that enhance  
C 3.5 Relationships – effects on self and others
- Grade 11: C 3.4 Skills for stressful situations  
C 3.5 Mental illness – reducing stigma

