

RELATED FOUNDATIONS:

- School & Classroom Leadership
- Social & Physical Environments
- Student Engagement

RESOURCES:

- [MLschoolhealth](#) Twitter (for educators)
- [MLteens](#) (for students)

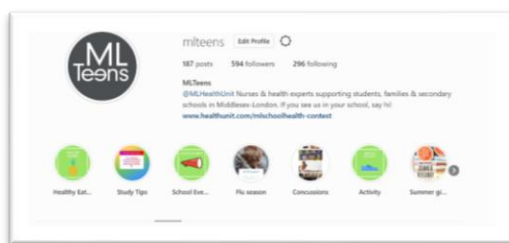
Engaging on Social Media

Social media provides the opportunity for educators to engage with one another across jurisdictions, the province, and globally. Social media platforms showcase classroom and school wide activities not only to other teachers, but to the community and parents.

- Social media should be part of a larger well-being strategy. It can be used to:
 - Promote activities happening at the school (upcoming)
 - Showcase school and classroom activities
 - Highlight school and student successes



- Share your tweets by tagging [@MLSchoolhealth](#) when doing activities that promote health and wellbeing at your school
- Get up to date and practical health information, as well as the opportunity to participate in contests and giveaways by following [@MLSchoolhealth](#)



- Share [@MLteens](#) stories and posts through school run Instagram accounts (Guidance, Student Council, etc..) to provide students with tips for health and wellbeing

Curriculum Connections:

- Grade 9: C2.2 Relationships- skills and strategies
- Grade 10: C1.1 Mental health – factors that enhance
- Grade 11: C3.4 Skills for dealing with stressful situations
- Grade 12: C1.3 Skills and strategies for evolving relationships

