

## **CORRESPONDENCE – January 2023**

a) **Date:** December 30, 2022

**Topic:** Physical Literacy for Healthy Active Children

**From:** Dr. Penny Sutcliffe, Medical Officer of Health/Chief Executive Officer, Public Health Sudbury and District

**To:** All Ontario Public Health Units, Directors of Education, Local School Boards Sports

***Background:***

On December 30, 2022, MLHU received a letter from Dr. Penny Sutcliffe, noting a motion from their October 20, 2022 Board of Health meeting to promote physical activity levels among children with advocacy to public health units, school boards, and governmental organizations. Dr. Sutcliffe notes that “It is crucial that we embrace physical literacy as a catalyst for children and youth to be active and healthy.”

***Recommendation: Receive.***