Curious about

marijuana weed hashish bhang reefer roach hemp joint blunt shake pot grass dope maryjane

What is it?

Comes from the cannabis plant and is usually green/brown/grey coloured THC is the main ingredient that causes the "high" (4).



How is it used?

Cannabis can be smoked as a cigarette (joint), smoked in a dry pipe or a water pipe known as a "bong" or mixed with food and eaten (2).

(delta

1969-late 1970's contained roughly 1% THC



Now: contains 15-20% THC (2).

Get the Facts

You hear...

It's natural. If it comes

When actually...

from a plant, it must be safe.



Cannabis smoke has cancer-causing toxins that can cause damage to the lungs (5).

It will help me focus in school.



Cannabis use can cause decreased IQ, poor concentration and poor memory (3).

It's safe to drive after using Cannabis. 3





Users are 2 times more likely to have a car crash (1).

Youth are at the greatest risk of the negative health effects of Cannabis because the brain

It's safe for anyone - no 4 matter the age.



continues to develop until age 25 (5). The police have the ability and tools to determine if you are impaired by cannabis (5).

Police can't tell if you are high.

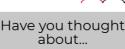


It will improve my mental health.



Teen users are at an increased risk for depression, anxiety and psychosis (1).









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Talk to your healthcare provider Visit your school nurse Addiction Services Thames Valley at 519-673-3242



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