

Alcohol @ Work Kit

Need to **borrow** a relevant resource to **educate employees and staff about alcohol**? This **FREE** to borrow, easy-to-setup kit is designed to educate your workplace about alcohol risks, standard drinks, Canada's Low-Risk Alcohol Drinking Guidelines, and ways to reduce your risk.

This kit contains:

- Display panels on **alcohol (standard drink, cancer risk, alcohol and pregnancy, and guidelines)**.
- **Props** that are fun, interactive, and educational.
- Informative **fact sheets** that provide additional information for employees and staff.



To borrow the kit or get more information, please contact the **Healthy Communities and Injury Prevention Team** at the Middlesex-London Health Unit at **519-663-5317 ext. 2220** or email sandy.richardson@mlhu.on.ca.