

Healthy Start Reproductive Health

Total FTEs – 12.5 FTE

Total Budget – \$1,368,189

2019-06-20 Board of Health Program Update

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**Preconception
Health**

Healthy Pregnancies

**Preparation for
Parenthood**

**Breastfeeding/
Infant Feeding**

Program Highlights:

- Free online prenatal education program for all pregnant women and their supports
- In-person prenatal education and skill-building groups for priority populations (SSFB, PIP, WPG)
- 'Got A Plan? Day' for secondary school students to promote preconception health
- Preconception Health planner
- Up-to-date, credible information on MLHU's website
- Baby-Friendly Initiative designation maintenance
- 20 Hour Breastfeeding Course offered for community professionals
- Preparation for Parenthood session