Healthy Living Healthy Communities and Injury Prevention



Total FTEs - 10.9 FTEs

Total Budget - \$1,185,705

Rhonda Brittan Manager, HCIP

Healthy Workplace Active Living:
Physical Activity
and Sedentary
Behaviour
Including Active
Transportation

Fall Prevention and Healthy Aging Road Safety Including Vulnerable Road Users

Childhood Injury Prevention Alcohol, Cannabis and Other Drugs Including Community Drug and Alcohol Strategy

Healthy
Communities –
Healthy
Community
Design

Program Highlights:

- Promote physical activity across the lifespan through education, supportive environments and policy influence: physical literacy in child care settings; Active and Safe Routes to School partnership; healthy community design; active transportation
- Work with community stakeholders to address road safety priorities including for vulnerable road users; provide co-chair support to the London Middlesex Road Safety Committee
- With internal and external partners, promote evidence based education and policy to address causes of childhood injuries including: falls; concussions, safe sleep, choking, water safety, child passenger safety (booster seats), burns and scalds, poisoning
- Support healthy aging and prevention of falls including: Step Ahead falls prevention training for PSW students; leadership of Middlesex-London Falls Prevention Collaborative; active involvement in Age Friendly London Network
- Promote evidence based public policy and health messaging to prevent and reduce harms from cannabis, alcohol and other drugs. Continue leadership of Middlesex-London Community Drug and Alcohol Strategy
- Support local workplaces in implementing health promoting policies and practices through Health at Work 4 All! program: mentally healthy workplaces; sharing cross- health unit information and resources