

2016-2017 Community Influenza Surveillance Report Update of Current Status December 28, 2016

Overall assessment

The current level of influenza activity in Middlesex-London is higher than in the previous week.

Current Local Activity

Between December 18th and 24th, 25 cases of laboratory-confirmed influenza A were reported to the Middlesex-London Health Unit, of whom 14 were hospitalized. In addition, five facility outbreaks of influenza A were declared.

Since September 1st, 2016, 62 laboratory-confirmed influenza A cases have been reported. Of those, 22 have been identified as influenza A(H3). To date, ten influenza A outbreaks have been declared in facilities located in the Middlesex-London area.

Appendix A provides more details about laboratory-based influenza activity indicators, as well as other local indicators of respiratory illness. A graph showing all 62 laboratory-confirmed cases by week is provided in Appendix B, at the end of this report.

Useful Websites

- The latest Ontario Respiratory Virus Bulletin, issued by Public Health Ontario (PHO), is available at: <u>http://www.publichealthontario.ca/en/ServicesAndTools/SurveillanceServices/Pages/Ontario-Respiratory-Virus-Bulletin.aspx</u>
- The latest *FluWatch* report, issued by the Public Health Agency of Canada (PHAC), is available at: <u>http://www.phac-aspc.gc.ca/fluwatch/</u>.
- To find a free flu shot clinic near you, visit the Ministry of Health and Long-Term Care's "Find a Flu Shot Clinic" web page at: <u>http://www.ontario.ca/page/get-flu-shot/</u>.

Appendix A Summary of Community Influenza Surveillance Indicators for Middlesex-London December 28, 2016

| Table 1: Summa | ry of laborator | y-based influenza activit | y indicators, Middlesex-London and Ontario, 2016-2017 influenza surveillance season |
|----------------|-----------------|---------------------------|---|
|----------------|-----------------|---------------------------|---|

| Indicator | Reporting Period | Number Reported: Current Reporting Period | Number Reported: Year to Date | Recent Trends |
|--|---------------------|---|--|---|
| | | | (from September 1, 2016) | |
| Laboratory-confirmed cases ¹ | Dec. 18-24 | Influenza A – 25 cases Influenza B – 0 cases | Influenza A – 62 cases Influenza B – 0 cases | Higher compared to the previous week (Dec. 11-17) when 14 influenza cases were reported. |
| | | | | Please note that the week in which cases are reported does not necessarily reflect the date of onset of illness. |
| Influenza sub-types ¹ | Dec. 18-24 | Influenza A(H3) – 6 cases Influenza A not subtyped – 19 cases | Influenza A(H3) – 22 cases Influenza A not subtyped – 40 cases | All influenza A strains subtyped to date have been influenza A(H3). |
| Hospitalizations ¹ | Dec. 18-24 | 14 | 37 | Higher compared to the previous week (Dec 17) when nine hospitalizations were reported. |
| Deaths ¹ | Dec. 18-24 | 0 | 1 | Lower compared to the previous week (Dec. 11- 17) when one death was reported. |
| Influenza outbreaks in long- term care homes/retirement homes/acute care | Dec. 18-24 | 5 | 10 | Higher compared to the previous week (Dec. 11-17) when three influenza outbreaks were declared. |
| Percentage of samples that are positive for influenza (Ontario) ² | Dec. 11-17 | Influenza A – 10.3% positivity Influenza B – 0.2% positivity | N/A | Influenza A: Higher compared to 8.7% positivity reported in the previous week (Dec. 4-10). Influenza B: Similar compared to 0.1% positivity reported in the previous week (Dec. 4-10). |

Notes:

Numbers are subject to change week by week due to the retrospective nature of reporting.
Public Health Ontario, Ontario Respiratory Virus Bulletin 2016-2017

| Indicator | Reporting Number Reported: Period Current Reporting Period | | Recent Trends |
|---|---|--|---|
| Hospital emergency room reports regarding the percentage of patients with | Dec. 18-24 | An average of 10.4% of patients presented with fever and respiratory symptoms. | Higher compared to 7.4% reported the previous week (Dec. 11-17). |
| fever and respiratory illness | | The proportion was highest at the pediatric emergency department, where 29.5% of patients presented with a fever and respiratory symptoms. | Higher than 21.9% reported the previous week (Dec. 11-17). |
| Absence reports from elementary schools (i.e., absenteeism > 10%) | Dec. 19-23 | Thirty-five elementary schools from one school board reported average absenteeism (due to all causes) exceeding 10%. | Lower than the previous week (Dec. 12-16), when 41 schools reported increased absenteeism. |
| Sentinel x-ray provider – newly identified bronchopneumonia cases | Dec. 19-23 | Of chest x-rays performed, 5.9% were newly diagnosed bronchopneumonia cases. | Higher than the 4.7% reported in the previous week (Dec. 12-17). |

Table 2: Summary of community-based respiratory illness indicators, Middlesex-London, 2016-2017 influenza surveillance season

The Middlesex-London Health Unit gratefully acknowledges the contributions of the following community partners who provide data for this report:

London Health Sciences Centre

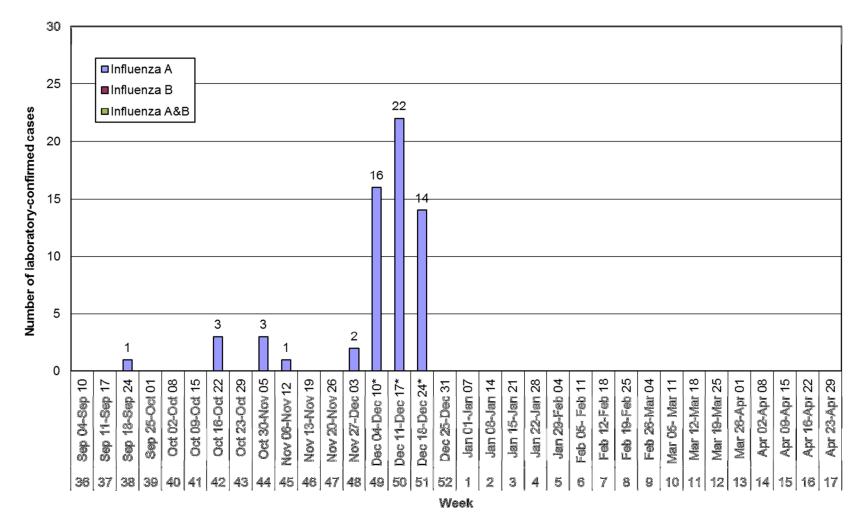
London X-Ray Associates

St. Joseph's Health Care London

Thames Valley District School Board

Appendix B

Laboratory-confirmed influenza cases, by influenza datet Middlesex-London 2016-2017 influenza season (N=62)



Source: Middlesex-London Health Unit internal influenza tracking database, extracted Dec 28, 2016.

† 'Influenza date' is the earliest of: symptom onset date, specimen collection date, and reported date. As a result, the weekly counts shown in this section differ from those provided in other sections of this report.

* Counts may be incomplete and are subject to change, due to the retrospective nature of reporting.