

TO: Chair and Members of the Board of Health

FROM: Christopher Mackie, Medical Officer of Health

DATE: 2016 October 27

MEDICAL OFFICER OF HEALTH ACTIVITY REPORT – OCTOBER

Recommendation

It is recommended that Report No. 059-16 re: Medical Officer of Health Activity Report – October be received for information.

The following report highlights activities of the Medical Officer of Health (MOH) for the period of September 8, 2016 to October 7, 2016.

The MOH attended the launch of the new Be Well website and interactive Sprout platform on September 22nd. The event included presentations, demonstrations, healthy snacks and even colouring at 4 stations set up in the Middlesex Room. The Be Well website enables staff to access health resources, upcoming Be Well events, Enterprise Community events, health benefit information, Workplace Wellness and Fun Committee news and Sprout. Sprout is an interactive optional tool that helps inspire staff to set wellness goals at home and work by tracking physical activities, providing healthy choice food options, sharing of information between staff such as recipes, helpful hints, new books or fun activities.

The MOH and Middlesex-London Health Unit staff are inMotion! Seventeen teams have registered for the month-long inMotion challenge and are entering their daily physical activity minutes into the Sprout platform.

The Medical Officer of Health and CEO also attended the following events:

- September 9 Met with London Health Sciences Centre staff to tour Youth Opportunity Unlimited's (YOU) Cornerstone Building
Met with City Councillor Van Holst to discuss safe injection sites and sugar sweetened beverages
Met with Councillor Cassidy to discuss speaking on the Poverty Panel at The London Club
- September 12 Met with Police Chief Pare, Brian Lester Executive Director at RHAC and Interim Managing Director at London Cares and Scott Courtice Executive Director at London InterCommunity Health Centre to discuss drug strategy
Was a speaker at the Salvation Army Recovery Rally at the Covent Garden Market
- September 13 Participated in a teleconference call with the COMOH Executive Committee
Met with Michael Harkins from London Bridge to continue their conversation about Family Centres
Met with Michelle Quaye, 1st Year Medical Student
- September 14 Attended the London Chamber of Commerce event - Canada's Transportation System = Economic Growth & Jobs
Met with Peter Rozeluk, Mission Services to discuss needle exchange
- September 15 Attended the United Way Harvest Lunch
Met with Mojdeh Cox, Ontario Regional Representative – Canadian Labour Congress
- September 19 Attended the Association of Ontario Public Health Business Administrators (AOPHBA) Conference to give welcoming remarks

- Participated on the AM 980 Roundtable Panel
Was interviewed by Andy Oudman, 1290 CJBK in regards to parental consent for vaccinations
- September 20 Participated in a Community Health Collaborative Champions meeting
Attended a YOU Executive meeting
- September 22 Attended a YOU Board Meeting
Attended the Community Drug Advisory Strategy Steering Committee meeting
- September 23 Attended a Community Health Collaborative meeting
- September 26 Delivered a guest lecture to the UWO Ecosystem Health Class
Interview with London Free Press reporter Debra Van Brenk in regards to the poverty recommendation on free public transit for children 12 and under and the SW School Bus Consortium
- September 27 Participated in the first open meeting for Program Budgeting and Marginal Analysis (PBMA) review of disinvestment
- September 28 Participated in the Council of Ontario Medical Officers of Health (COMOH) General Meeting teleconference
- September 29 Delivered a lecture to the Masters of Public Health – Leading People and Organizations in Public Health class
Participated in a alPHa Standards Review Group teleconference
Was guest speaker at the London Area Dental Study Group meeting
- September 30 Delivered a lecture to the MPH class in regards to poverty
Participated in the News/Talk 1290 CJBK Ask The Experts panel in regards to InMotion
- October 3 Attended the Southwest MOH/CEO Meeting in St. Thomas
- October 5 Met with Mayor Brown to discuss collaboration with the City re sugary drinks
- October 6 Attended the Finance and Facilities Committee meeting
Attended the World Homeless Action event at Covent Garden Market
Participated by telephone for the COMOH Board of Directors meeting
Attended the Centre for Research on Health Equity and Social Inclusion (CHRESI) Board meeting
- October 7 Met with Kelly Ziegner, CEO for United Way of London and Middlesex
Was interviewed by Jennifer O'Brian, London Free Press in regards to the Nurse-Family Partnership
Was interviewed by Jamal Al-Busar, X-FM Fanshawe, in regards to poverty and homelessness in London
Met with Orest Katolyk, Chief Municipal Law Enforcement Officer for the City of London to discuss policy options that the City might consider to address sugar sweetened beverages

This report was prepared by Lynn Guy, Executive Assistant to the Medical Officer of Health.



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