

Early Years Services referred to in Early Years ECR Board Report:

Health Connection: a telephone support system **where parents, caregivers, and health care providers** can speak to a Public Health Nurse (PHN) about: breastfeeding support, well baby/child & breastfeeding clinics, early child development, coping as a new parent, pregnancy & prenatal concerns, infant, child & family nutrition, speech & language, local supports & services for families, referrals to the healthy babies healthy children program, car seat safety, and more. Health Connection is also a centralized communication area for **all FHS staff**.

Well Baby/Child & Breastfeeding Clinics and Family Centres: drop-in clinics, available in various locations throughout London and Middlesex County where a PHN can provide support and answer questions about breastfeeding, nutrition, safety, child development, community support, adjustment to parenthood, parenting and more. Clinics are free and no appointment is required. They service parents and caregivers of children from **birth to age 3**.

Breastfeeding Clinics: Clients can book an appointment with a certified lactation consultant and PHN with expertise in breastfeeding. Appointments are booked via Health Connection for parents who feel that they need extra support, reassurance or instruction in order to be successful at breastfeeding their new infant. Physicians also refer their patients who are experiencing breastfeeding challenges.