

## MIDDLESEX-LONDON HEALTH UNIT

## **REPORT NO. 127-13**

TO: Chair and Members of the Board of Health

FROM: Christopher Mackie, Medical Officer of Health

DATE: 2013 November 21

## MEDICAL OFFICER OF HEALTH ACTIVITY REPORT - NOVEMBER

## Recommendation

It is recommended that Report No. 127-13 re Medical Officer of Health Activity Report – November be received for information.

The following report highlights activities of the Medical Officer of Health (MOH) from the October Medical Officer of Health Activity Report to November 7, 2013.

On October 8, the Medical Officer of Health, along with Ms. Mary Lou Albanese, Manager, Environmental Health and Ms. Emily Hill, Public Health Nurse, attended Middlesex County Council meeting to present a report on healthy eating and physical activity. The MOH highlighted on priority areas of the Toronto Charter for Physical Activity including: Active Living – increase opportunities for active living; Road Safety – decrease the number of injuries and deaths by providing a safer system; Food Systems and Healthy Eating – increase the intake of healthy foods by increasing accessibility, affordability and sustainability of local food systems and; Social Capital and Mental Well-Being – increase social interaction, enhance social capital and promote mental well-being through well designed built environments. The MOH asked the County to consider endorsing of the Charter as it aligns with the County's Official Plan and many of their stated objectives.

The MOH, the Senior Leadership Team and Mr. Ross Graham, Manager, Strategic Priorities continued to meet and work on fine tuning the 2014 Budget Process. Included in this process was developing the criteria for the program budgeting and marginal analysis (PBMA) process.

The MOH delivered opening remarks October 15 at the Youth Empowerment Conference hosted by the Health Unit. This youth-led conference engaged youth and experts from the community to create short videos that will educate their peers on subjects such as media and violence, sexuality, gender, substance use and cyber safety.

On October 23, the Medical Officer of Health and Senior Leaders held an All Staff meeting to talk about improvements in the budget process and other financial measures such as the creation of the Finance and Facilities Committee, the review of finance policies, and improvements to the budget variance process.

The MOH attended and coordinated a Board of Health Retreat on November 1 that was held at the new Middlesex Centre Community Wellness & Recreation Centre. This all day event was divided into 2 parts. The morning was facilitated by Ms. Gayle Valeriote who presented on working together, being open and receptive to new ideas, and creating an updated Vision for the Health Unit. The afternoon was spent with Mr. Craig Mitton and Mr. Francois Dionne of Prioritize Consulting Inc. via Skype to further hone the weighting of program budgeting and marginal analysis criteria. The Honourable Deb Matthews, Minister of Health and Long-Term Care, attended the meeting to have an open dialogue and provide her insights into the status of Public Health in Ontario.

The Medical Officer of Health and CEO also attended the following teleconferences and events:

October 8	Teleconference with Kate Manson-Smith to discuss Public Health and Education working together.
October 10	Interview with LFP reporter to discuss expenses
October 10	Attended grand opening of St. Joseph's Central out Patient facility
October 15	Interview with CJBK reporter in regards to safe injection sites
October 16	Had an introductory meeting with City Councillor Matt Brown
October 16	Attended "Boss's Day" lunch with staff
October 17	Teleconference call re Healthy Kids – Consultations on Menu Labelling and Marketing
	of Unhealthy Food to Children
October 24	Teleconference with Caroline Butler to discuss Early Childhood Interventions
	Documentary
October 25	Introductory meeting with Ms. Irene Mathyssen, MP London-Fanshawe
October 28	Introductory meeting with Michael Robbins in regards to Healthline.ca
October 28	Welcomed 4 <sup>th</sup> year Medical student Oren Krajden to the Health Unit for a 2 week rotation
October 29	Attended Fanshawe College Board of Governors event at Saffron's Restaurant at the
	College
October 31	Met with Dr. Amardeep Thind, MD, PhD in regards to the MPH Program at Western
November 1	Attended the Shine the Light lighting of the purple tree in Victoria Park
November 6	Introductory meeting with Professor Robert Solomon from Western University
November 7	Attended meeting of the Board's Finance and Facilities Committee

M/h/h.

Christopher Mackie, MD, MHSc, CCFP, FRCPC Medical Officer of Health

**This report addresses** Ontario Public Health Organizational Standard 2.9 Reporting relationship of the medical officer of health to the board of health