

**Healthy Communities & Injury Prevention Team: Healthy Communities Program Activities in London and Middlesex County
2012 – 2013**

Project Title	City of London	Middlesex County
Official Plan (OP) Reviews	<p>Purpose: To influence future OP policies by providing public health input into the ReThink London Official Plan review process in order to foster healthy community design.</p> <p>Key Activities: MLHU staff provided evidence-informed recommendations for OP policy to support healthy community design through land use development using various mechanisms: Written correspondence</p> <ul style="list-style-type: none"> ▪ Presentations ▪ Input at public sessions ▪ Submission of position paper ▪ Production and media launch of Healthy City Active London Video ▪ Response to discussion papers <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Continue public health engagement in the OP review process ▪ Provide ongoing recommendations to land development applications using the new OP in order to foster healthy community design ▪ Promote the Healthy City Active London video to increase public support for increased active transportation options 	<p>Purpose: To influence future OP policies related to land development in order to foster healthy community design in Middlesex County.</p> <p>Key Activities: MLHU staff provided written evidence-informed recommendations for official plan reviews in:</p> <ul style="list-style-type: none"> • Middlesex County • Township of Lucan Biddulph • Municipality of Thames Centre <p>Recommendations were based on a literature review, policy scans, and key informant interviews conducted in partnership between MLHU staff and Position Paper consultants. Recommendations were made on the following topics:</p> <ul style="list-style-type: none"> ▪ Active living ▪ Healthy eating ▪ Road safety ▪ Environmental Health <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Submit recommendations to remainder of Middlesex municipalities' official plans as their 5-year reviews approach, beginning with Strathroy Caradoc in 2014.

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<p>Position Papers</p>	<p>Purpose: To provide public health input into the ReThink London Official Plan review process in support of active transportation.</p> <p>Key Activities:</p> <ul style="list-style-type: none"> ▪ Contracted Dr. J. Gilliland, Western University, to write the <i>Healthy City Active London: Evidence-Based Recommendations for Policies to Promote Walking and Biking</i> position paper ▪ Submitted position paper August 2012 (including 19 OP policy recommendations) to ReThink London <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Ongoing promotion of policy recommendations to ReThink London OP review and to the general public ▪ Identify opportunities for incorporation and integration of policy recommendations in various municipal and community stakeholder initiatives 	<p>Purpose: To increase knowledge of the relationship between health and the built environment in rural contexts, while providing local applications to Middlesex County and encompassed municipalities.</p> <p>Key Activities:</p> <ul style="list-style-type: none"> ▪ Contracted a researcher to write the <i>Linking Health and the Built Environment in Rural Settings: Evidence and Recommendations for Planning Healthy Communities in Middlesex County</i> position paper identifying built environment factors that influence the following 4 health topics within rural contexts: Active Living; Road Safety; Food Systems and Healthy Eating; and Social Capital and Mental Well-being. ▪ MLHU staff organized consultations 1) with decision and policy makers to identify common goals and objectives to be integrated into position paper, and 2) between MLHU staff and the research consultants. ▪ MLHU staff reviewed and edited the position paper. <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Printing and dissemination of position paper to current key stakeholders in the County, the consultant, and involved MLHU staff ▪ Dissemination and promotion at a County-wide Active Communities Forum pending Ministry funding

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<p>International Toronto Charter for Physical Activity (TCPA)</p>	<p>Purpose: To seek endorsement of the TCPA by London City Council including adaptation of the principals and framework in the development of policies that support healthy active living.</p> <p>Key Activities:</p> <ul style="list-style-type: none"> ▪ Information packages sent to City of London Councillors (13) ▪ Meetings with City of London Councillors (7) ▪ Presentations to community groups (12) ▪ Meetings with COL staff (6) ▪ Presentations to Advisory Committees (2) ▪ Presentations to Standing Committees (2) ▪ Development of online registration of support tool ▪ Use of social media to invite community stakeholder support (15) ▪ London City Council endorsement of charter received on June 26, 2012 <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Ongoing promotion and application of the TCPA through the work of the HCIP Team and the Healthy Communities Partnership Middlesex-London annual workplan 	<p>Purpose: To seek endorsement of the TCPA by municipal councils such that the charter will serve as a framework for civic administration and council members to make decisions on relevant and unique policy actions specific to the County and each municipality.</p> <p>Key Activities:</p> <ul style="list-style-type: none"> ▪ Identified municipalities that are ready (i.e. have demonstrated interest in creating a healthy community) ▪ Meetings with key stakeholders (3 municipalities) ▪ Contact made with interest to meet (3 municipalities) ▪ Endorsement of TCPA in: <ul style="list-style-type: none"> ▪ Municipality of Middlesex Centre ▪ TCPA going forward to September council meetings to seek resolution in two municipalities <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Introduce charter to staff at remaining municipalities ▪ Provide resources and information to municipal councils seeking resolution ▪ Present the charter at a Middlesex County council meeting as a means of information sharing (October 8)

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<p>Active Community Toolkit</p>	<p>Purpose: To develop a toolkit that will assist public health staff in providing valid, reliable, standardized input that supports active community design when reviewing land use development plans.</p> <p>Key Activities:</p> <ul style="list-style-type: none"> ▪ Worked with a consultant & City of London planning staff to identify and organize criteria that support active community design into a toolkit for use in reviewing land use development plans <p>Next Steps:</p> <ul style="list-style-type: none"> • Pilot test toolkit by reviewing City of London development plans Sept to Dec 2013 • Revise toolkit based on pilot test results • Expand use of toolkit for use in other municipalities 	<p>N/A</p>
<p>Creating Healthy Active Communities – The Power of Partnerships Forum (May 21, 2013)</p>	<p>Purpose: To increase the capacity of partners & stakeholders in local networks and organizations to take steps in creating supportive environments and policy that promotes active communities for all ages in London and Middlesex County.</p> <p>Key Activities: MLHU staff as members of the Healthy Communities Partnership Middlesex-London planning group facilitated the bringing together of 70 community partners / stakeholders (including 19 presenters) from London and Middlesex County in a forum to:</p> <ul style="list-style-type: none"> ▪ Exchange knowledge ▪ Identify action items & plans ▪ Facilitate community mobilization <p>Next Steps:</p> <ul style="list-style-type: none"> ▪ Distribution of forum discussion themes identifying next steps to take in moving active community policy initiatives forward ▪ Healthy Community Partnership Middlesex-London to explore identified active community policy opportunities and gaps ▪ Develop strategic partnerships in order to promote active community policy in London and Middlesex County 	