

Contact	Program/Service	Schools	Grades	Dates	No. of Staff	Other Info	Requirements
Oral Health Program Manager Ext. 2232	Oral Health – Dental Screening The MLHU, Oral Health Team provides school dental screenings to children in Middlesex-London in accordance with the Ontario Public Health Standards (OPHS) Oral Health Assessment and Surveillance Protocol (1). The Protocol mandates that each child in junior kindergarten, senior kindergarten, and grade 2 receive an oral health assessment or dental screening. As per the Protocol, children from additional grades are screened based on schools’ historical decay rates, and at parental request.	All elementary schools (list attached) in Middlesex County and City of London	All JK, SK and grade 2. Children from additional grades are screened based on schools’ historical decay rates, and at parental request.	Dental Hygienist assigned to school will schedule the dates with each school	The team consists of: 5 Dental Hygienists 6 Dental Assistants, occasional relief staff work on the Oral Health Team 1 Dental Hygienist will be assigned to each school to arrange scheduling at least 6 weeks in advance of visit 1 Dental Hygienist and 1 Dental Assistant will attend each school for 1 to 3 days for dental screening	Parents of children who need dental care are advised of this and the opportunities to receive this care; They are followed until appropriate care is received.	Work space with desk/table, 2 chairs, sink, electrical outlet, space for portable dental chair
	Oral Health - Education Lessons The Oral Health Team incorporates expectations from the Ontario Curriculum,	As above	Grade 2 & 4 classes	As above	As above		Classroom set-up

	Grades 1- 8: Health and Physical Education, 2009 into its lessons with the goal of improving knowledge and encouraging behaviours related to optimal oral health.						
Shaya Dhinsa, Manager, The Clinic and Sexual Health Promotion, ext. 2230	<p>Classroom presentations or health fairs as requested by teacher or Public Health Nurse on the Health Unit's Young Adult and Child Health Teams (who works in the schools)</p> <p>The MLHU Sexual Health Promotion Team provides sexual health education in Middlesex-London in accordance with the Ontario Public Health Standards (OPHS) Sexual Health, Sexually Transmitted Infections, and Blood Borne Infections (including HIV). The goals are to prevent or reduce the burden of sexually transmitted infections and blood borne-infections and to promote healthy sexuality.</p>	Elementary or secondary schools	As requested	As scheduled	<p>Team consists of:</p> <p>3 Public Health Nurses and 1 Health Promoter work on the Sexual Health Promotion Team with occasional casual staff members;</p> <p>Generally 1 staff member provides attends each presentation and 1-2 staff members attends each health fair</p>	<p>Topics last year: Clinical information and sexual health, Sexual and Reproductive Anatomy, , Gender, Communication and Dating, Sexual Orientation, Boundaries, Sexual Abuse, Sexually Transmitted Infections and Safer Sex, Power Coercion and Harassment, Negotiating Safer Sex, Pregnancy and Contraception, Sex and the Media, Healthy Relationships, Men's Health, Masculinity, Puberty, and Pre-Conceptual Health</p>	

	The Sexual Health Promotion Team incorporates the curriculum requirements in their presentations and enhances the education the students receive.						
Marlene Price, Manager, Vaccine Preventable Diseases Extension 2245	The MLHU Vaccine Preventable Diseases (VPD) Team provides school based immunization clinics for grades 7 and 8 students in London and Middlesex County in accordance with the Ontario Public Health Standards, Vaccine Preventable Diseases. The goal of the program is to reduce or eliminate disease and illness related to hepatitis B, meningococcal and HPV infections.	Elementary Schools	Grade 7 students are offered one dose of meningococcal vaccine and a two-dose series of hepatitis B vaccine. Grade 8 female students are offered a three-dose series of Human Papillomavirus (HPV) vaccine.	Sept. – October October- November April - May	The team consists of: 8 Public Health Nurses, 28 Registered Nurses 7 Program Assistants Generally 1 Public Health Nurse (Team Leader), 2-5 Registered Nurses and 1-2 Program Assistants attend each school clinic.	Information packages, including consents are sent home through the school to students and their families prior to the clinic. A draft clinic schedule is sent to elementary school principals in mid-August. A follow-up phone call is made to confirm the clinic dates.	Area that will accommodate 2-4 tables, chairs, space for students to line up.
	The MLHU Vaccine Preventable Diseases Team provides school-based immunization clinics for all secondary school students in London and Middlesex County in accordance with the Ontario Public Health Standards, Vaccine	Secondary Schools	All students who are overdue for tetanus, diphtheria, polio, measles, mumps and rubella vaccines. For the 2012-2013 school year, female students who did not complete the three dose series of HPV	December - March	The team consists of: 8 Public Health Nurses, 28 Registered Nurses 7 Program Assistants Generally 2 Public Health Nurse (Team Leaders), 2-5 Registered Nurses	Information packages, including consents are sent home to students and their families through the school prior to the clinic. The clinic date for each school is determined by the principal and the VPD	Area that will accommodate 2-4 tables, chairs, space for students to line up.

	Preventable Diseases and the Immunization of School Pupils Act, 1990. The goal of the program is to reduce or eliminate disease and illness related to vaccine preventable diseases.		vaccine offered in grade 8 will have the opportunity to receive the HPV vaccine at the school-based clinics. These clinics are being offered as part of the Ministry of Health and Long-Term Care Care's HPV catch-up campaign.		and 1-2 Program Assistants attend each school clinic.	Public Health Nurse responsible for that school.	
	The MLHU Vaccine Preventable Diseases (VPD) Team provides school-based immunization clinics in accordance with the Ontario Public Health Standards, Infectious Diseases to provide immunization to students, school staff and/or families to prevent or control the spread of a vaccine preventable reportable disease which may affect the health of the school population. The goal of the program is to reduce or eliminate disease and illness related to vaccine preventable diseases.	Elementary and secondary schools, as required.	As required.	As required throughout the school year.	<p>The team consists of:</p> <p>8 Public Health Nurses, 12 Registered Nurses 6 Program Assistants</p> <p>Generally 1- 2 Public Health Nurses (Team Leaders), 3-6 Registered Nurses and 2-3 Program Assistants attend each clinic.</p>	The need for the clinics is determined in consultation with the Associate Medical Officer of Health when there is a reportable disease outbreak involving students and or school staff. The dissemination of information to students, school staff and families, and clinic date and times are determined by MLHU staff in partnership with the school principal and TVDSB administration.	Area that will accommodate tables, chairs, space for people to line up. The size of the area will be determined based on the number of potential attendees.

Middlesex-London Health Unit (MLHU) Programs and Services delivered to schools in TVDSB

50 King Street, London 519 663-5317

Funded 100% by MOHLTC under the Smoke-Free Ontario Strategy – pursuant to Scopes of Service and the Ontario Public Health Standards

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Linda Stobo, Chronic Disease Prevention and Tobacco Control Program Manager Ext. 2388	<p>Youth Engagement and Tobacco Control</p> <p>The MLHU, Youth Engagement and Tobacco Control Program</p> <p>The Program is responsible for the development of youth to youth programming for various chronic disease risk factors (such as tobacco use prevention, physical activity promotion, healthy eating, substance misuse, and injury prevention) that affect youth and young adults (aged 10 to 24 years of age) in the community.</p> <p>This program also works with the Safe Grad Program – which is a partnership with the TVDSB and many other community partners.</p>	All secondary schools in Middlesex County and City of London;	Grades 9 to 12	<p>Specific dates vary with activities planned by youth for youth within the school community and the broader community. For example:</p> <ul style="list-style-type: none">Nic-O-Time Challenge December to AprilSFOA on School Property – Promotion of Tobacco Policy October 2012	<p>The team consists of:</p> <ul style="list-style-type: none">1 Health Promoter4 – 7 Youth Leaders*1 Public Health Nurse who provides assistance to the Health Promoter and the Youth Leaders when required. <p>*The Youth Leaders are between the ages of 15 and 19 (high school students) who are employed by the Middlesex-London Health Unit to work 7 to 10 hours per week, working primarily after school, evenings and weekends on developing and implementing youth to youth health promotion campaigns/initiatives.</p>	<p>The Youth Leaders primarily work in the community; however, occasionally, the Health Promoter and Youth Leaders will work with Healthy School Committees and the Public Health Nurse (from the YAT) to work together on initiatives in the schools.</p> <p>In addition, there are some initiatives, like the Nic-O-Time Challenge (January to April of every year) where the Youth Leaders will work within their respective schools (with the support of the HP and PHN from tobacco control and the PHN from YAT) to recruit youth to either quit smoking, cut back or never start for the month of March.</p>	The requirements will vary depending on the initiative; however, these requirements are usually negotiated and met through collaboration with the Young Adult Team or School Administration (the Youth Leaders will meet with their school administration for approvals).

Linda Stobo, Chronic Disease Prevention and Tobacco Control Program Manager Ext. 2388	<p>Tobacco Law Education Sessions - Classroom presentations or health fairs as requested by teacher or Public Health Nurse on the Health Unit's Young Adult and Child Health Teams (who works in the schools)</p> <p>The MLHU Tobacco Enforcement Program provides education related to the <i>Smoke-Free Ontario Act</i> and where it is legal/illegal to smoke or supply tobacco to persons under the age of 19. The interactive sessions promote compliance with the law, discourage tobacco use and promote resiliency skills to prevent tobacco use and promote cessation, in accordance with the Ontario Public Health Standards (OPHS).</p>	Elementary or Secondary Schools in Middlesex County and the City of London	Grades 6 to 12	Specific dates vary and are as requested by the teacher or Public Health nurse on the Health Unit's Young Adult and Child Health Teams (who are assigned to the schools)	The Team Consists of four Tobacco Enforcement Officers; however, primarily this work is done by 1 TEO.	These programs and services are in addition to the ongoing enforcement work carried out by the Tobacco Enforcement Officers. The TEOs meet annually with secondary school administration and bi-annually with elementary school administration to ensure administration understand their obligations under the <i>Smoke-Free Ontario Act</i> . The TEOs are on school property (primarily outside on school grounds) ensuring that no one is smoking or holding lit tobacco on school property.	Classroom or Health Fair Location Set-up
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Partnership Proposal Form

Thank you for your interest in a partnership with Thames Valley District School Board. We require all organizations to complete one form per program. All proposals will be reviewed by Board staff. If approved, a formal agreement, known as a Program Access Agreement, will be presented to the organization for signature by authorized staff. Please complete this form and send electronically to your school principal (or Board staff) for review.

Note the following:

Criminal background checks (which shall include, in each case, a vulnerable sector check) of all program deliverers will be required upon approval and signature of a Program Access Agreement.

Insurance policy with coverage of not less than \$2M will be required upon approval and signature of a Program Access Agreement.

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1. **Organization/Agency Name:** Middlesex-London Health Unit
Family Health Services
 2. **Contact Information (name, address, telephone, email)**
Diane Bewick, Director, Family Health Services:
diane.bewick@mlhu.on.ca

Christine Preece, Manager, Family Health Services:
christine.preece@mlhu.on.ca

James Madden, Manager, Family Health Services:
jim.madden@mlhu.on.ca
 3. **Program Title:** Health Promoting School Services for Schools K-12 in Middlesex-London only
 4. **Name(s) of all agency staff delivering program:**
Please see attached list of the Health Unit, FHS staff and the schools to which they are assigned.

5. **Cost of program (provide detail):**

Staff who are engaged in school partnerships are funded by the Ministry of Health and Long Term Care, the Ministry of Children and Youth Services, the City of London and Middlesex County and Municipalities of Middlesex and London through a government established cost sharing formula. They are mandated through the Health Protection and Promotion Act to provide services to schools and to work with Boards of Education to plan and deliver programs and services. There is no cost to schools.

6. **Please provide a detailed description of each program offered in addition to the information required below:**

Middlesex-London Health Unit has a mandate to improve health among school community members of which students are one population. Listed below are services where public health nurses, dietitians, health promoters and their Managers partner with school staff to provide programs to students. Programs are designed with the involvement of students, staff and parents.

a) Child and Youth Engagement Strategies

- Engagement strategies involve partnering with school staff and students in clubs (e.g. Healthy School Committees, Social Justice Clubs, Safe Grad, Safe Schools, etc.) to engage them in the creation and development of activities/strategies that improve health behaviours among children and youth. Specific activities or initiatives are determined in partnership with students, teachers, principals and parents. Examples include: *What's with Weed* (a substance use/misuse prevention program) and Healthy School Activities.

b) Educational Sessions

- Educational sessions include presentations through classroom sessions and/or larger school assemblies in order to provide credible health information to staff and students. Some examples may include: Healthy Eating, Internet Safety, and Injury Prevention
- These presentations are usually done as a guest speaker (at the request of a teacher or principal) and often relate to a specific health subject. Health sessions may also provide background and enhanced information related to broader health policies such as the Safe Schools Act or the School Food and Beverage Policy.

c) Small Group Work

Small group work consistently begins by partnering with school staff (e.g. social workers, guidance, educational assistants etc) to identify areas where health curriculum could be enhanced through the involvement of public health staff

- Generally a small group educational session involves a more intense level of knowledge and skill development in order to improve health behaviours and outcomes to better learning (e.g. nutritional skills)

d) Situational Support

- Situational support involves professional health assessment and interventions with one or more clients (staff and students) regarding a health/medical related issue of that individual
- Referrals to the nursing staff usually come from the guidance department, social worker, principal or directly from a student.
- Health interventions relate to issues such as sexual health, substance use/misuse, tobacco use, healthy eating, personal health, etc.

e) Peer Training

- Peer training is done in partnership with school board staff and community partners. This strategy involves the guidance/facilitation and support of students to become engaged in health promotion topics/issues that positively impact their school environment, health of their peers and school staff. (Healthy schools conference/workshop, Safe Grad)

7. Date(s) of program:

Each elementary and high school has a nurse assigned to provide services and act as a liaison between the school and the Health Unit. Program dates (such as health fairs, assemblies, healthy school committee meeting) are set by the school. Students particularly in high school, will come to speak to a nurse at mutually available time.

8. Time(s) of program:

As above- programs may take place during the school day (eg assemblies, classroom involvement, situational supports) or before/after classes (eg. Healthy school committees, social justice clubs)

9. **Frequency of program:**

Each school, as a partner with the nurse, determines together when a program class, assembly, etc. is to be held and the frequency with which it might be done.

10. **School(s)/locations offered (identify all schools/locations):**

Each elementary and secondary school has a public health nurse designated to provide service to a school. A list of the schools and their designated nurse is attached. In addition a dietician and health promoter are available to schools for special requests and projects.

11. **Space requirements needed within the school for your program:**

When a nurse is present at the school they require access to a confidential space (usually an office with a phone) to speak with staff and students, particularly related to providing individual situational supports. A bulletin board in a student travelled area is also needed to assist in access to health information. In addition, access to the Internet is integral for the nurse to adequately perform their job as they need to access their emails on a daily basis.

12. **Target audience:**

The key target audiences for programs are students, teachers and administration at schools across Middlesex London from grades K-12. Particularly in high school, the nurse may be asked to speak with a student. These referrals are initiated by school staff such as, guidance, social worker, principal, teacher and self.

It is recognized that parents and community members will also benefit from some MLHU initiatives from time to time,

13. **Recruitment/Referral process (if applicable):**

14. **Program promotion : How will you promote the program with students/parents?**

Programs will be promoted through strategies such as health walls, social media, healthy school committees, parent portals, TVPIC meetings, staff meetings and school announcements.

15. **Goals of program:**

All programs and services have 2 key goals:

- 1) To improve student's and staff knowledge and health behaviours;
- 2) To support the creation of a healthy school environment and provide all with a sense of belonging

16. **Describe how your program supports student learning:**

Student learning is always enhanced when students are reaching their maximum health potential. In 2012 a report by the World Health Organization through the joint Consortium on School Health reconfirmed the important role the health of a student plays in school success. Similarly, school staff play a critical role in student learning and when staff are healthy the positive impact they have on student health and success is enhanced (Blum, 2010)

17. **Links to the Ontario Curriculum/Ministry of Education Policy:**

All MLHU school based programs and services make the direct link to specific expectations for each grade level. Services are often intentionally designed to meet cross curricular expectations which can impact numeracy, literacy and student well being outcomes. Through the inclusion of principals and teachers in the planning and implementation of individualized school initiatives curriculum outcomes are better addressed through a collaborative approach.

18. **Grade(s) of students involved: K-12**

The public health nurse and the teacher/principal along with students work together and determine which grades and/or students will benefit from health initiatives.

19. **Number of participants:**

The number of participants will vary with the school and the initiatives. School assemblies may have several hundred, small groups 8 or 10, and individual discussions with teachers and students one or two people (eg. Small group and situational supports)

20. **Qualifications of staff delivering your program:**

The professional background of staff providing services in schools includes Public Health Nurses (approx. 25), dietitian (1) and health promoter (1). All staff have completed post secondary education and extensive professional development in the areas surrounding children, families, public health and education. The public health nurses and the dietitian are regulated health professionals and as such hold licenses approved each year by either the College of Nurses of Ontario or Dietitians of Canada. The Health Promoter follows standards set out by Health Promotion Ontario. All three disciplines adhere to approved Ethical Standards which steer their practice. In addition, the Ministry of Health and Long Term Care has established Organizational Standards and National Public Health Competencies which Middlesex London Health Unit must adhere to which require a specific Quality Assurance Program. MLHU is an accredited Public Health Unit.

21. **Source of your funding to deliver this program:**

The two key funders for school service care are the Ministry of Health and Long Term Care and municipalities of London, and Middlesex County

22. **Food served, if applicable:**

Whenever food is being served it is required that it adheres to MLHU policies and protocols for safe food handling and PPM 150

23. **Research base and program evaluation if applicable:**

Public Health programs for schools are required by the MOHLTC to be based on sound evidence and best known practices. To that end, the Ministry has established Public Health Program Standards many of which include protocols and guidance documents. Accountability agreements with the Ministry of Health and program standards require evaluation to inform ongoing program revision as continuous improvement is sought.

24. **Special requirements to deliver the program (phone, internet, parking, storage requirements, furniture, information technology and media e.g.):**

In order to effectively provide programs, the following equipment is necessary: Phone, internet access is important, private office, signed onto

GroupWise if possible, mailbox in staff room, and bulletin board for publications

25. **How might your program conflict with the requirements of Policy Program Memorandum No. 149?**

Our staff have been providing services in schools for many decades and from our knowledge we are not aware of any Board of Education staff member expressing a concern related to the underlying principles expressed in Memorandum 149. A recent survey (2012) of school principals and support staff of high school principals and teachers in Middlesex London indicated that our services are highly valued and that principals want the services continued and enhanced. In 2010, 4 high school principals wrote letters to MLHU administration requesting greater availability of the nurse in the school. We have a history of great partnerships within our school settings and believe that this will only continue to grow. We do not believe that our services are in conflict with any requirements listed in PPM 149.

All work is intended to **complement** the work of school boards and their employed staff and is **not to duplicate** any services provided. The overall goal of Public Health Programs and Services is to create healthier students, families and staff so they can achieve academic success and become healthy productive citizens of society.

Principal Comments and Recommendation: