

# DO YOU WANT TO QUIT SMOKING?

The Middlesex-London Health Unit is hosting  
a workshop in London to help you quit.

**Wednesday**

**September 17, 2014**

**5:30pm-8:00pm**

**Eligible participants will receive free  
nicotine replacement therapy (NRT).**

To see if you're eligible, call:  
**519-663-5317 x4357**