

Get Set!

Be Creative - Make Your Own Stuff!

Bean bag

What's needed

- 2 pieces of fabric about 12 x 12 cm (5 x 5 inches) per small bean bag
- Pins
- Needle and thread
- Rice, dried beans or peas for the filling



What to do

- Pin wrong sides of fabric together.
- Sew pieces of fabric together about 1 cm (1/2 inch) in from the edges, leaving an opening in the middle of the last side that is at least 5 cm (2 inches) wide.
- Trim the tips off all 4 corners.
- Turn the square right side out.
- Pour rice, dried beans or peas into the opening to fill about 3/4 full.
- Pin and then sew the opening closed.
- Decorate.



Hopscotch marker

What's needed

- A small stone
- Non-toxic acrylic paint (optional)
- Pictures cut out from magazines or wrapping paper (small enough to fit on your stone)
- White glue, water and waxed paper
- Paint brush or cotton swab



What to do

- Wash and dry stone.
- Paint the stone and let it dry on the waxed paper (or leave the stone unpainted).
- Apply glue to the back of your picture and place the picture on the stone.
- Using a paint brush or a cotton swab cover the entire stone with a mixture of white glue and water (3 parts glue to 1 part water).
- Let the rock dry. Use a hairdryer to speed up the drying process.
- Apply another coat of the glue-water mixture to the entire rock and place it back on the waxed paper to dry.



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Racquet and ball

What's needed

- A coat hanger
- Nylon panty hose or knee highs
- Tape
- Tin foil or paper



What to do

- Stretch a coat hanger into a diamond shape. Bend the hook into a loop.
- Pull the nylon over the hanger as tightly as possible and wrap the excess nylon around the loop to make a handle.
- Cover the handle with tape.
- Scrunch up piece of tin foil or paper for the ball.



Sidewalk chalk

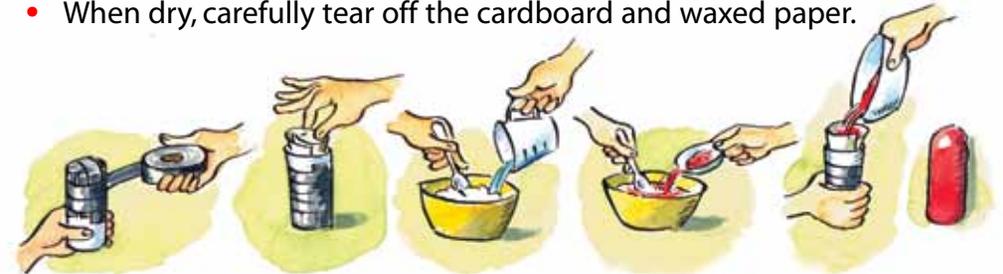
What's needed

- A cardboard tube (toilet paper roll)
- A plastic bowl for mixing ingredients
- Waxed paper
- Duct tape
- 60 mL (3/4 cup) warm water
- 360 mL (1 1/2 cups) Plaster of Paris
- 30 – 45 mL (2 – 3 tablespoons) powdered tempera water-based paint



What to do

- Seal 1 end of cardboard tube with tape. Stand it on a flat surface with the open end up.
- Line inside of tube with waxed paper (to keep the Plaster of Paris from sticking to the cardboard).
- Pour water into bowl and slowly add the Plaster of Paris. Stir.
- Mix in the powdered paint.
- Pour the Plaster of Paris mixture into the tube. Tap the sides of the tube to release air bubbles.
- Let stand for 1 – 2 days to dry.
- When dry, carefully tear off the cardboard and waxed paper.



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Yogi Rope

It's easy to make your own Yogi Rope using elastic bands or sewing elastic.

Yogi: Elastic Band Rope

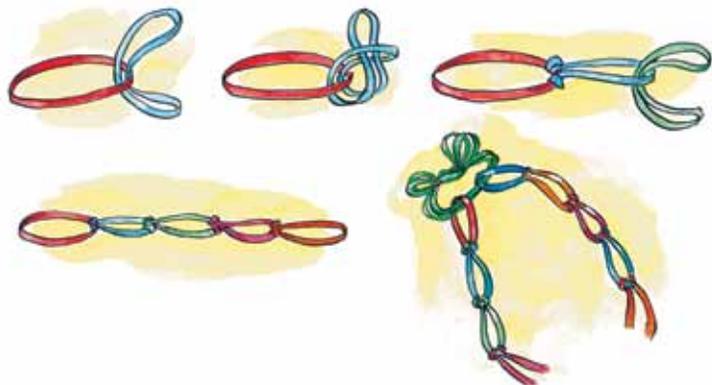
What's needed

- At least 40 elastics. Thicker elastics are stronger and coloured elastics are more unique.



What to do

- Open an elastic band to form a circle.
- Put one end of a 2nd elastic through the open circle. Loop one end of the 2nd elastic through the other end and pull tight.
- Repeat the same step with a 3rd elastic. Continue adding elastics in this way until the rope is at least 145 cm (58 inches) long.
- Use 1 more elastic placed through the 1st and last elastics and tie a knot to join the 2 ends.



Yogi: Sewing Elastic Rope

What's needed

- Sewing elastic approximately 1 cm (1/4 inch) wide



What to do

- Measure and cut elastic so it is at least 145 cm (58 inches) long.
- Tie the ends together in a knot.

