

2015-2016 Community Influenza Surveillance Report Update of Current Status April 26, 2016

Overall assessment

Influenza activity in Middlesex-London is lower compared to the previous week.

Current Local Activity

From April 17th to 23rd, 2016, there were 11 laboratory-confirmed cases of influenza (1 influenza A and 10 influenza B) reported to the Middlesex-London Health Unit, of whom 6 were hospitalized. Since September 1st, 2015, there has been a total of 456 laboratory-confirmed influenza cases (317 influenza A, 138 influenza B, one influenza A & B co-infection) reported in London and Middlesex County. No influenza outbreaks or deaths in people with laboratory confirmed influenza were reported this past reporting week.

Appendix A provides more details about laboratory-based influenza activity indicators, as well as other local indicators of respiratory illness. A graph showing all 456 laboratory-confirmed cases by week is provided in Appendix B, at the end of this report.

Useful Websites

- The latest Ontario Respiratory Pathogen Bulletin (ORPB), issued by Public Health Ontario (PHO), is available at <http://www.publichealthontario.ca/en/ServicesAndTools/SurveillanceServices/Pages/Ontario-Respiratory-Virus-Bulletin.aspx>
- The latest FluWatch report, issued by the Public Health Agency of Canada (PHAC), is available at: <http://healthycanadians.gc.ca/diseases-conditions-maladies-affections/disease-maladie/flu-grippe/surveillance/fluwatch-reports-rapports-surveillance-influenza-eng.php>
- To find a free flu shot clinic near you, visit the Ministry of Health and Long-Term Care's "Find a Flu Shot Clinic" web page at <http://www.ontario.ca/page/get-flu-shot/>.

Appendix A

Summary of Community Influenza Surveillance Indicators for Middlesex-London April 26, 2016

Table 1: Summary of laboratory-based influenza activity indicators, Middlesex-London and Ontario, 2015-2016 influenza surveillance season

Indicator	Reporting Period	Number Reported: <i>Current Reporting Period</i>	Number Reported: <i>Year to Date</i> <i>(from September 1, 2015)</i>	Recent Trends
Laboratory-confirmed cases¹	Apr. 17-23	Influenza A – 1 case Influenza B – 10 cases Influenza A&B – 0 cases	Influenza A – 317 cases Influenza B – 138 cases Influenza A&B – 1 case	Lower compared to the previous week (Apr. 10-16) when 19 cases of influenza were reported.
Influenza sub-types¹	Apr. 17-23	Subtyping Influenza A(H3) – 0 cases Influenza A (H1N1)pdm09–0 cases Influenza A not subtyped–0 cases	Influenza A(H3)– 4 cases Influenza A(H1N1)pdm09– 75 cases Influenza A not subtyped– 236 cases Influenza A(H3) & A(H1N1)pdm09 co-infection– 1 case Strain typing A/California/07/09-like– 4 cases Influenza B/Brisbane60/2008-like- 1 case	
Hospitalizations¹	Apr. 17-23	6	174	Lower compared to the previous week (Apr. 10-16) when 11 hospitalizations were reported.
Deaths¹	Apr. 17-23	0	18	Lower compared to the previous week (Apr. 10-16) when one death in a person with laboratory-confirmed influenza was reported
Influenza outbreaks in long-term care homes/retirement homes/acute care	Apr. 17-23	Influenza A – 0 outbreaks Influenza B – 0 outbreaks	Influenza A – 7 outbreaks Influenza B – 3 outbreaks	Same compared to the previous week (Apr. 10-16) when no influenza outbreaks were declared.
Percentage of samples that are positive for influenza (Ontario)²	Apr. 10-16	Influenza A – 7.3% positivity Influenza B – 11.1% positivity	N/A	Influenza A: Lower compared to 10.6% positivity reported the previous week (Apr. 3-9). Influenza B: Higher compared to 9.0% positivity reported the previous week (April 3-9).

Notes:

1 Numbers are subject to change week by week due to the retrospective nature of reporting.

2 Public Health Ontario, Ontario Respiratory Pathogen Bulletin 2015-2016

Table 2: Summary of community-based respiratory illness indicators, Middlesex-London, 2015-2016 influenza surveillance season

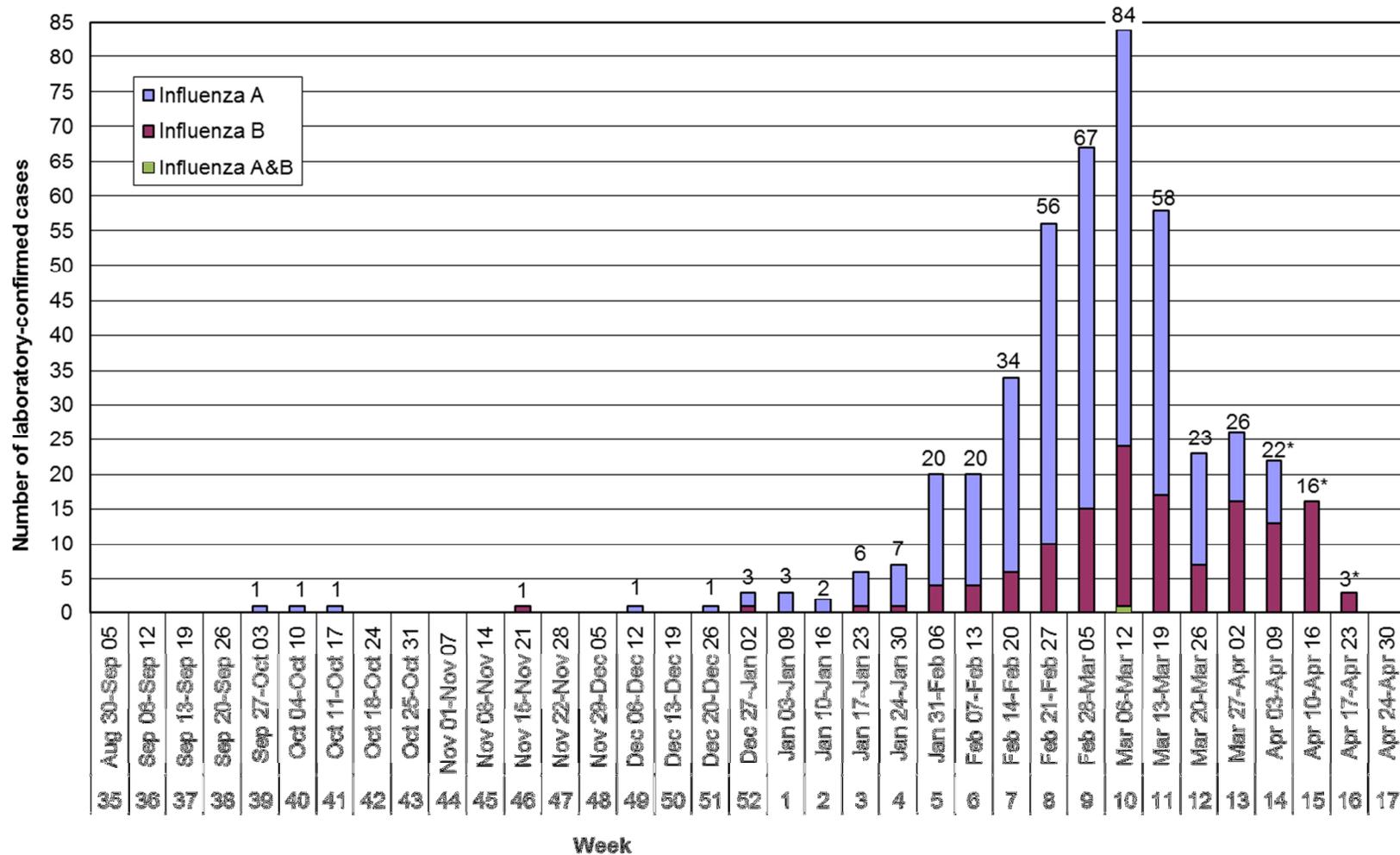
Indicator	Reporting Period	Number Reported: <i>Current Reporting Period</i>	Recent Trends
Hospital emergency department and urgent care centre reports regarding the percentage of patients with fever and respiratory illness	Apr. 17-23	An average of 8.1% of patients presented with fever and respiratory symptoms. The proportion was highest at the paediatric emergency department, where an average of 18.5% of patients presented with a fever and respiratory symptoms.	Higher than 6.2% reported the previous week (Apr. 10-16). Higher than 15.5% reported the previous week (Apr. 10-16).
Absence reports from elementary schools (i.e., absenteeism > 10%)	Apr. 18-22	8 elementary schools from one school board reported average absenteeism due to all causes exceeding 10%.	Lower than the previous week (Apr. 11-15), when 12 schools reported increased absenteeism.
Sentinel x-ray provider – newly identified bronchopneumonia cases	Apr. 18-23	An average of 2.9% of chest x-rays performed were newly diagnosed bronchopneumonia cases.	Lower compared to 3.1% reported the previous week (Apr. 11-16).

The Middlesex-London Health Unit gratefully acknowledges the contributions of the following community partners who provide data for this report:

- London Health Sciences Centre
- London X-Ray Associates
- St. Joseph's Health Care London
- Thames Valley District School Board

Appendix B

Laboratory-confirmed influenza cases, by influenza date†
Middlesex-London 2015-2016 influenza season (N=456)



Source: Middlesex-London Health Unit internal influenza tracking database, extracted April 25, 2016.

† 'Influenza date' is the earliest of: symptom onset date, specimen collection date, and reported date. As a result, the weekly counts shown in this section differ from those provided in other sections of this report.

* Counts may be incomplete and are subject to change, due to the retrospective nature of reporting.