

Plan Title: **Mind Your Media – The Decision-Making Model**

Created: 2014

Class/ Grade: **Grade 9 (PPL10) or Grade 10 (PPL20)**

Subject: **Healthy Active Living Education, Open**

Learning Targets: By the end of the lesson, students will know/be able to:

PPL10

Overall:

- Identify factors that contribute to positive relationships with others
- Explain the consequences of sexual decisions on the individual, family, and community
- Use appropriate decision-making skills to achieve goals related to personal health

Specific:

- Describe the factors that lead to responsible sexual relationships
- Demonstrate understanding of how to use decision-making and assertiveness skills effectively to promote healthy sexuality
- Identify personal strengths and areas for growth
- Demonstrate how they have achieved short-term goals based on a personal vision
- Demonstrate understanding of the impact of parents, the media, and culture on values and goals related to healthy active living
- Produce sequential action plans to achieve personal health goals.

PPL20

Overall:

- Explain strategies to promote positive lifestyle choices and relationships with others
- Identify ways of taking appropriate action in new situations based on knowledge of positive decisions related to healthy active living

Specific:

- Describe environmental influences on sexuality (e.g., cultural, social, and media influences)
- Demonstrate understanding of how to use decision-making skills effectively to support choices related to responsible sexuality.
- Analyse the impact of media and culture on decision making

Learning Skills

Δ Responsibility

Δ Organization

Δ Independent work

Δ Collaboration

Δ Initiative

Δ Self-regulation

(Describe how the learning skill connects to the learning target)

Coded Expectations:

PPL1O – HLV.01R, HLV.02, LSV.01

PPL2O – HLV.01, LSV.01

Learning/ Lesson Activities**Warm-up**

PowerPoint – Making Responsible Choices

Using the 3 examples listed in the PowerPoint, begin the lesson by questioning students on what they would do in the various situations noted in the PowerPoint.

Ask students to think about a time when they've had to make a tough decision. How did they come to a conclusion? What was the result? Allow students to share answers and discuss.

Lesson

PowerPoint – The Decision-Making Process

Students will copy the decision-making process in their notes.

Work through the decision-making process as a class using example 1.

Allow students to complete examples 2 and 3 on their own or in pairs. Take up examples as a class.

Activity

1. Video – Sexting

-Students will view the short video clip on [sexting](#).

2. Students will use the decision-making process to work through the scenario shown in the video. Take up as a class.

3. Talk about some factors that influence our decisions. Some examples may be the media, peer-pressure, reputation and future goals.

4. Students can now come up with their own scenarios in small groups. Have students create scripts, practice and present their scenarios. As a class students can work through the decision-making process for each scenario presented.

Instructional Strategies:

△ Think/Pair/Share: Think/Pair/Draw

△ Graphic Organizers

△ Co-operative Learning

△ Direct Teaching

△ Hands-on activity

△ Brainstorming

△ Rapid Writing

△ Group Work/ Instructional Strategies

△ Demonstration

△ Other: *(describe)*

Differentiated Instruction and/or Accommodations

- Students may work alone, in pairs or groups to brainstorm scenarios
- Handouts can be made of the decision-making process
- A poster with the decision-making process may be useful for visual learners

Extension

- Students can make short videos of their scenarios
- Students can record the audio of their scenarios

Success Criteria:**PPL10**

- Students identify factors that contribute to positive relationships with others
- Students explain the consequences of sexual decisions on the individual, family, and community
- Students use appropriate decision-making skills to achieve goals related to personal health

PPL20

- Students explain strategies to promote positive lifestyle choices and relationships with others
- Students identify ways of taking appropriate action in new situations based on knowledge of positive decisions related to healthy active living