

**RELATED  
FOUNDATIONS:**

- Social & Physical Environments
- Student Engagement

**RESOURCES:**

- [Tobacco in Pop Culture](#)
- [Smoke-Free Movies](#)
- [City of London's Outdoor Movie Nights](#)
- [Middlesex County Events](#)
- [Elgin County Events](#)
- [Oxford County Events](#)

## Smoke-Free Movie Nights Smoke-Free Movies

**ACTIVITY GOAL:** To advocate for smoke-free movies that are being viewed by children. Choosing smoke-free movies helps to de-normalize smoking and substance use.

**ACTIVITY INSTRUCTIONS:**

1. If a community group is hosting a movie night, advocate for a movie selection that has a rating of “G” for general audiences or “PG” for Parental Guidance and is [smoke-free](#) by searching the [Onscreen Tobacco Database](#).
2. Connect with the organizers to explore opportunities for students to plan information booths/activities to go along with the movie night to promote healthy behaviours and educate attendees about the health consequences of tobacco and substance use.
3. [Pre-screen movies](#).
4. Follow these steps for any movie nights hosted by a school or movies shown in classrooms.

**Middlesex-London Health Unit Links:**

- [City of London's Outdoor Movie Nights](#)
- [Middlesex County Events](#)
- [Connect with your neighbourhood community contact](#)
- [Smoke Free Movies](#) - MLHU

**Southwest Public Health Unit Links:**

- [Elgin County Events](#)
- [Oxford County Events](#)

**Curriculum Connections:**

- Grade 4: D1.4 Tobacco and vaping; D2.3 Decisions about smoking and vaping; D3.2 Short and long-term effects of smoking and vaping
- Grade 5: D1.2 Short and long-term effects of alcohol use; D2.3 Refusal skills, alcohol and other behaviors; D3.3 Decision to drink alcohol, use cannabis; influences
- Grade 6: D1.2 Effects of cannabis, drugs; D2.4 Strategies, safe choices, influences, tobacco, alcohol, cannabis
- Grade 7: D1.2 Mental health, substances, support; D2.3 Body image, substance use; D3.2 Implication of substance use, addictions and related behaviors
- Grade 8: D1.3 Warning signs, consequences

