

RELATED FOUNDATIONS:

- Curriculum Teaching & Learning
- School & Classroom Leadership
- Student Engagement

RESOURCES:

- [Parent/Caregiver Resources](#)
- What's in My Backpack Activity - contact Public Health Nurse
- [Substance Use Trivia](#)

Parent/Caregiver Presentation or Event

ACTIVITY GOAL: To increase parent/caregiver awareness around youth substance use and provide strategies for parents/caregivers to use when speaking with their students about substance use.

ACTIVITY IDEAS:

Host a parent information event on substance use.

Potential events could include:

- A keynote speaker
- Panel discussion with community partners
- Display tables with take-away information

Community partners may include: your school Public Health Nurse, School Resource Officer, Canadian Mental Health Association, Addictions Services Thames Valley, School Social Worker(s), Tobacco Enforcement, local police etc.

Topics could include:

- Cannabis
- Electronic Cigarettes/Vaping
- Tobacco
- Alcohol

Contact your Public Health Nurse to discuss event ideas:

- [MLHU Public Health Nurses](#)
- [SWPH Public Health Nurses](#)

Special Considerations:

- Event could be done as a transition to high school event.
- Consider the power of student engagement in planning and running the event.
- Ensure presenters are included in the Board approved speakers list.

Curriculum Connections:

- Grade 4: D2.3 Decisions about smoking and vaping
- Grade 5: D3.3 Decision to drink alcohol, use cannabis; influences
- Grade 6: D2.4 Strategies, safe choices, influences, alcohol, tobacco, cannabis
- Grade 7: D3.2 Implications of substance use, addictions, and related behaviours
- Grade 8: D1.3 Warning signs, consequences

