

RELATED FOUNDATIONS:

- Student Engagement

RESOURCES:

- [Alcohol PowerPoint \(MLHU & SWPH\)](#)
- [Popcorn Pressure Game](#)
- [Classroom Online Game](#)
- [Fact Sheets, Infographics and Resources](#)

Alcohol Presentation

ACTIVITY GOAL: To increase students' awareness and knowledge of the health effects of using alcohol.

ACTIVITY INSTRUCTIONS:

1. Consider using the speaking notes found in PPT to engage students in discussion and to access additional information.
2. The presentation can be completed with the *Popcorn Pressure Game* or *Classroom Online Game*
3. Contact your public health nurse for consultation or support regarding these resources.
 - a. [MLHU Public Health Nurses](#)
 - b. [SWPH Public Health Nurses](#)

Educator Prompts

- Is alcohol considered a drug?
- What effects do you think alcohol has on the body?
- What would you say if someone offered you a drink?

Curriculum Connections

- Grade 5: D1.2 Short and long-term effects of alcohol use, D2.3 Refusal skills – alcohol use and other behaviours, D3.3 Decision to drink alcohol, use cannabis; influences
- Grade 6: D1.2 Effects of cannabis, drugs; D2.4 Strategies, safe choices, influences, tobacco, alcohol, cannabis
- Grade 7: D1.2 Mental health, substances, support; D2.3 Body image, substance use; D3.2 Implications of substance use, addictions and related behaviours
- Grade 8: D1.3 Warning signs, consequences

